

# Satellite



**Home & Community Education**

**May/June 2015**

Hello,

Wow! Another month is almost gone. First off Thank You to all who helped organize our International Night. It seemed to me that those in attendance that night enjoyed the speaker and the refreshments which were geared to Egyptian recipes that we found.

As I write this on the 21st of April, wow what a weather scenario we had today. Five of us went over to Amherst, WI for a District meeting which was wonderful even though we had snow, rain, sleet and some gusty winds on the ride over and on our return. The weather man on channel 11 called it Graupel stating it was soft puffy pellets with ice around usually about BB size. So we now can add another word to our weather vocabulary. However the temperature was 40 so at least we didn't have icy roads.

As we start May, it starts out with our Spring Event on the 4th, so hope to see a lot of you there. I think that Center 3 has done a great job in planning it. I always look forward to the Silent Auction, we always end up with some interesting items to bid on. Then we need to remember on the 6th and 7th we do have a project lesson in May this year. "Cancer-Clear & Simple. I know that we all know someone who has had cancer. So hopefully we will have a good turn out for both dates. June is a Free time that we don't have any plans for some of your time. We do have the Brat Stand at Charlie's July 28th and 29th. See the sign up sheet in another article. Then on August 1st the Bake Sale. I'm sure I will see a lot of you then in early in September at the Shawano County Fair. In September we do have our State Conference in Stevens Point on the 14th, 15th and 16th. Our next UPDATE which will be out the 1st week in May will have all information for attending. So if you are interested let your President know you would like to see the UPDATE when she gets it or contact the Extension Office for the information and the forms. On October 7th and 8th the project lesson will be on "Vitamin D". On October 20th Shawano County is hosting the District meeting for Central and this is a meeting you are also welcome to attend. More on this in the next Satellite. On October 27th we are looking forward to seeing you again at our Learn-In with Waupaca County that we are hosting this year. More on what the lessons will be in the next Satellite. So besides our gardens and other family get-togethers we do have a few things to keep you involved until Fall.

*Helen Raddant*

*President Shawano County HCE*



## Fall HCE State Convention

The Central District will be hosting the WAHCE Conference this year in Stevens Point, at the Holiday Inn & Convention Center. Mark the dates - Sept. 14 -16th to attend this conference to CELEBRATE our 75th ANNIVERSARY! Tours and workshops are planned to fill your days with fun and education. Room rate is \$99 per room for 1-4 people. We still have a couple of rooms

available in our club block. Please call Helen if you are interested at 715-526-2919.

The UPDATE which comes out in early May will have complete listing of information about the conference, tours and other activities. If you are interested please contact your club president or the UWEX office to receive a copy of the conference information and registration forms.



## Calendar of Events

May 2015

May 4 Spring Event

May 6, 7 "Cancer-Clear & Simple"

May 10 Mother's Day

May 25 Memorial day

June

June 14 Flag Day

June 21 Father's Day

June 21 Summer Solstice

### May—Leader Training

#### "Cancer-Clear and Simple"

We have all been affected in some way by cancer, however, the word "cancer" doesn't need to leave you feeling scared or confused. The "*Cancer-Clear and Simple*" workshop will give you a basic understanding of what cancer is, the risk factors leading to cancer and other chronic diseases, and prevention strategies. You will learn how to use cancer screenings as a tool for early detection.

May 6—Shawano Courthouse, Room A/B,  
5:30-6:30 p.m.

May 7 – Bonduel, Zion Methodist Church,  
1:30– 2:30 p.m.

Please clip and send back to the UWEX Office  
by the first of each month.

#### May Leader Training Meeting

Contact Person \_\_\_\_\_

Club \_\_\_\_\_

# Members Attending: \_\_\_\_Shawano \_\_\_\_Bonduel

## 2015 Save the Dates

Brat Sale at Charlie's—July 28 & 29

August 1st—Farmers Market Bake Sale

October 20th—Regional Fall District  
Meeting at the Main Event, Cecil

October 27th—Fall Learn-In @ The Main  
Event in Cecil

### Spring Event—Diamond Jubilee

The Spring Event will be held on May, 4th at the Shawano County Park at the Pavilion. Starting at 5 pm with registration and Silent Auction. Hope to see you there.



### Fall Learn-In with Waupaca County

The planning meeting date has been set for Friday, May 8th, 9:00 AM at the Shawano County Court House Room A. If you would like to be on the Committee for planning please contact Helen at 715-526-2919 or just show up at the Court House, the more the merrier. The date of the event has been set for October 27th at The Main Event in Cecil.



### Strong Bones Strength Training

The Strong Bones Program will be starting a new session in June for the Summer 2015 session! Zion Lutheran Church, St. Paul Bonduel, St. Francis Solanus, Gresham, Total Fitness and Sacred Heart Catholic Church will be hosting numerous Summer sessions.





## Bike the Barn Quilt

It's time again to start thinking about the Bike the Barn Quilt ride. This year's date will be September 26th. We are looking for volunteers to work the Witt's Locker food stop and people to help out with registration at the start of the event at the Memorial Park. Please call the office to put your name in for either position.



## WAHCE 'Diamond' Members

In celebration of WAHCE's 75th Anniversary and the women who have made HCE what it is today, the WAHCE membership committee would like to recognize all members with 55 or more years of service to HCE.

### Shawano County's list:

Sharon Schendler WISC 55 years  
June Bethke WISC 55 years  
Doris Kerry Learn-A-Lot 56 years  
Joyce Souba Learn-A-Lot 56 years  
Rose Radtke Learn-A-Lot 61 years  
Tillie Kallies WISC 56 years  
Audrey Wussow WISC 57 years  
Joyce Natzke WISC 59 years  
Jeanette Pitt WISC 60 years  
Beverly Fink WISC 60 years  
Marge Ainsworth WISC 63 years  
Betty Giese Red Springs 61 years  
Marcalene Rosenow Individual 57 years  
Doris Bucholz Individual 68 years  
Lillian Mehlhorn Individual 73 years



If we have missed anyone please call the office and let Kara know. We will need a 5X7 picture of these members. If you did not attend the Spring Event please contact our office. From the member we will need just a short article about you and your experience as an HCE member, such as offices you have held and just things special throughout your years.

## Crockpot Clusters—Jeanne Kniep

Taken from the "Sunnyviews" Winnebago's newsletter

16 oz. unsalted peanuts (or dry roasted peanuts)  
16 oz. salted cocktail peanuts  
1 (12 ounce bag) semisweet chocolate chips  
1 (12 ounce bag) milk chocolate chips  
2 (10 ounce bags) peanut butter chips  
1 (16 ounce packages) white almond bark or vanilla candy melts.

Layer all of the ingredients in order in a large slow cooker. Start with the peanuts. Cover and cook on low for 2 hours. Remove the lid and stir to combine. Replace lid and leave for 30 minutes. Spoon onto wax

## Farmer's Market Bake Sale

It's time again for us to start thinking about our special recipes for making our goodies to sell. Our date is Saturday, August 1st at the Farmer's Market. Remember to list items that have any kind of nut because of food allergies. Items may be taken to the Court House on Friday if that's what works for you otherwise please bring between 7:00 and 7:30 a.m. for set up so we are ready to sell at 8:00 a.m. As always cookies, bars and breads do well. But since we are all such wonderful bakers whatever you provide will be wonderful. Anyone willing to help the day of the sale is always helpful. Call Helen at 715-526-2919 as the date gets closer to see what we have a need for. Thanks in Advance.



## On The Move and In The Groove

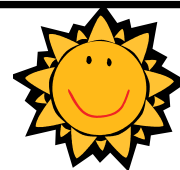
Just a reminder to get you In The Move and In the Groove sheets in to Sandy by June 5th. The activity time was from March 1st to May 23rd. Send to:

Sandy Wendorff  
W7382 Anderson Ave., Shawano, WI 54166  
715-526-3282

**Shawano County HCE  
Executive Board Meeting**



## **\*\*BEAMS by Bonnie Harrison\*\***



### **CENTER I**

**Kitchen Maids** – Have been playing BINGO at Oak Haven with the residents monthly as able. They are gearing up to play again this month on the 29<sup>th</sup>. A monetary donation to the TULP food pantry was made for spring. A trip to tour Amish farms & business's is being planned for a time in late summer. Members are preparing for the Spring Event.

**Red Springs** – A decision was made to keep officers the same for the next term. Monies were collected for Spring Event. It was noted (by their club) that they have very few active members now, unfortunately this means they don't do much anymore.

### **CENTER II**

**A – Z -** Made a donation to the Heart fund and Carna donated blood. All members were reminded to register for Spring Event if they want to attend.

**Bizi Belles -** Received a thank you card from SAM25 for a monetary donation. Members obtained material to make Carrier blankets. The ladies will be making Spring table decorations for Pine Manor at their April meeting.

**Flour Queens** - Made a monetary donation to SAFPARC. Members are working on Silent Auction ideas. Judy gave the lesson on Couponing. At their April meeting they discussed ideas for their power point presentation for the Spring Event.

**Learn – A – Lot** – Ladies are working on silent auction items for the Spring Event. They are continuing their work on greeting cards to send to Wisconsin Veterans Home at King. They will have three members to be honored for 55+ years of HCE membership.

### **CENTER III**

**Landstad Ladies -** Will Start their Avon fund raiser and run until mid-April. Ideas for Spring Event table decorations were discussed. They have been working on plans for the Spring Event with other Center 111 Clubs. Lynn showed the table decorations she put together at their April meeting. These will also double as door prizes. A reminder was given about their date to work the Red Barn this summer.

**Navarino Merri Maids -** Pat will give the presentation for their club at the Spring Event. A discussion was held and plans were finalized up for their up and coming Stanley party on Sept 10<sup>th</sup>.

**WISC** - Ladies have been working on planning the Spring Event. Their club will be making the programs. Joyce will talk about the clubs history and Bev will present a power point show. Bev is knitting prayer shawls for Hospice and Judy is making a quilt for a cancer patient.



**March 26<sup>th</sup>, 2015, 5:30 PM**  
**Shawano County Courthouse Room A**

President Helen Raddant called the meeting to order. Sandra Smith made a motion to adopt the agenda and Joy Christianson 2<sup>nd</sup>. Those attending were: Nancy Schultz, FLE, Helen Raddant, Carol Sybeldon, Joy Christianson, Sandy Wendorff, Sandra Smith, JoAnn Fehrman and Janet Lane.

Minutes of the last meeting were approved as corrected. April 21<sup>st</sup> will be the District Spring Meeting at Amherst and those probably going are Helen, Carol, Sandy, Janet and maybe JoAnn. The Treasurer's report was given, accepted and put on file.

For correspondence we had gotten a breakdown of where our Pennies for Friendship went: \$ 5,742.04 went to the Mongolia Project, \$ 2,727 for water filters, \$500 for the Mongolia Project (clubs) and \$ 700 for the Heifer International project.

Center Chairs gave their reports on their clubs activities. Center I Carol S. said the Kitchen Maids donated money to the Tilleda food pantry and played Bingo with the Oakhaven residents. Center II, Sandy S. said the Flour Queens were preparing for the Spring Event. A-Z gave blood, talked about Strong Bones and gave cards to Learn-A-Lot and to purchase plant for the Silent Auction. From Learn-A-Lot Dorothy gave a report on Egypt. Safety and Fitness at Hope Lodge in Marshville, and read "Always wear Underwear" and "What are you allergy triggers?" Bizi-Belles updated their membership, did a Fabric Project and for silent auction will make a cake and quilt cover wall hangings. Joy C. said the W.I.S.C. donated cards to Lean-A-Lot. Joyce talked about history and Bev will work on PowerPoint for the Spring Event and 1 member will apply for a scholarship. Landstad Ladies talked about On the Groove..., table decorations for Spring Event and will start their Avon fundraiser. Navarino Merri Maids always do something fun at roll call.

March 11 at Menominee and will read again in April. The Bonduel Bears are interested in doing volunteer work.

Nancy's Time: 1) Friday, May 8<sup>th</sup> she is having in the Tigerton area Mom's Night Out for those interested. 2) Thursday, April 23<sup>rd</sup> is the rescheduled date for the Poverty Simulation –she handed out brochures and registration applications. 3) April 6<sup>th</sup> she is going on her vacation. 4) Strong bones is doing great and they just started another site at Pulaski. April 22<sup>nd</sup> she will do a presentation to Stockbridge and HoChunk who are also interested. Also looking at starting a class in Tigerton was started and Gresham. 5) A program called "Connecting the Dots" will be from 8:30-12:00 at the Main Event on May 5<sup>th</sup>. 6) Raising a Thinking child just finished the 4<sup>th</sup> week in Pulaski and looking to do something in Bowler in the Fall.

For old business we talked about International night on April 16<sup>th</sup> with table decorations and providing juice along with tea and coffee and will make bars or cookies for the event. Carol will finalize the speaker information. We would like to display the Egypt flag. The Spring Event planning meeting went very well and everything was covered with the Center III Feb. meeting.

For new business. We are still looking for a date for the Farmers Market Bake Sale. Shawano is hosting the Fall Learn In. Nancy will be judging the Homemaker Pageant sponsored by Meadowview Estates, Bonduel at the County Park on June 11, 2015.

Next meeting will be Tuesday May 19 at 5:30. Closed with Creed 2. Meeting adjourned at 6:45.

Respectfully submitted Janet Lane, Secretary



Sandy W. gave the Bookworm report. She read





*You are Invited to Participate in the*

**Ms. Senior  
Homemaker Pageant**

**(Open to all Counties)**

**Thursday, June 11, 2015**

**Shawano County Park - Indoor Pavilion**

To Qualify:

*Must be at least 55  
years of age*

*Able to multi-task  
with simple,  
non-strenuous  
household tasks*



*Irma Timmons - 2014 Winner*

**All homemakers are encouraged to participate,  
including those with limited physical abilities.**

Judged on:

- Preparation of your favorite homemade dessert
- A meaningful outfit (need not be new) and telling a story about it
- Participation on a multi-tasking table
  - performance of easy tasks
- Your answer to a simple final question

The **WINNER** receives the crown, sash and flowers along with wonderful gifts.  
This person will enjoy the title of "Ms. Senior Homemaker" for one full year.



*Register Early, contact Amy Thusius, 715-745-4421*



*Event Sponsored by:*



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# International Night - Egypt



International Night was held at the Civic Center in Shawano. Dr. Gomal Abdel-Azim was the guest speaker this year and talked about the Egyptian culture and especially the different types of foods. He was a great resource for Middle Eastern Culture.



**Dr. Gomal Abdel-Azim**



## SPRING

### Summer Brat Stand at Charlie's

The HCE Brat Stand dates this year will be July 28th and the 29th. We will need volunteers on the 28th and the 29th which are Tuesday and Wednesday. Please call the office to sign up for a time slot. We would like at least 4 volunteers per shift.

***Any issues or questions,  
please call Helen Raddant:  
715-526-2919***

Out of cave! Out of hole!  
Bear, rabbit, little more,  
Hatch from egg in nest in trees!  
The birds are black and so are bees.  
The flowers bloom. The leaves are green  
How do they know when it springs?

Build your web! The bugs are back!  
Little spider dressed in black.  
Bears, rabbits, birds, and bees,  
Flowers, grass, and trees,  
Just like me their face is warm,  
That's how they know Spring has come.  
By: bogglesworldesl.com

### Brat Stand Schedule for Charlie's County Market

We are scheduled at Charlie's Brat Stand – **Wednesday, July 28th and Thursday, July 29th**. Please sign-up to work a shift. The work isn't hard if we have enough help. The weather will be pleasant (we need to be positive thinkers). The proceeds of this fundraiser go to Wisconsin Bookworms.

#### Tuesday, July 28th

8:30 to 11:30 A.M. Helen Raddant

11:30 to 2:30 P.M. Helen Raddant

JudyAnn Pahlow

Bizi-Belles

2:30 to 5:00 P.M. (clean-up) Helen Raddant

#### Wednesday, July 29th

8:30 to 11:30 A.M. \_\_\_\_\_

11:30 to 2:30 P.M. \_\_\_\_\_

2:30 to 5:00 P.M. (clean-up) \_\_\_\_\_

***Any issues or questions, please call Helen Raddant: 715-526-2919***