

### Satellite HCE®

#### Home & Community Education

May—June 2017

Another 2 months has passed since I last wrote to you. I know that Spring is here but it would be wonderful if we had some warmer weather and maybe a little less rain.

Spring Event has come and gone. We had another great variety of Silent Auction items. I need to say thanks again to Sandy Smith and Center 2 for planning such a great evening of good food, time for socializing, and the program speakers.

The top 12 Ladies receiving certificates had a total of 719 years combined. Doris Buchholz with 70 years is really a milestone. There are however ladies not too far behind that number.

I ended up missing the March project lesson on Alternative Medicines, but I heard it was a lot of interesting information.

I ended up going to Tennessee on March 3rd for my brother-in-laws funeral. He was 58 years old but cancer isn't choosy on who it affects. So since it's a 12 hour trip by car I decided to take a vacation and spend some time with my sister. I came back on March 26th so I would be here for International Night. So again thanks to the ladies who made refreshments that were of Mexican origin. It was great to have a speaker that is staying with one of our Homemaker members. Sure is amazing how much can be done by just making phone calls.

For those of you doing "On the Move and in the Groove" the time is coming to an end for this year. After your paper work is all filled in remember to send it Sandy Wendorff by June 3, 2017, to W7382 Anderson Ave. Shawano, WI 54166.

Another report due is the Impact of HCE Volunteer Hours. I will need all the hours sent to me by June 3rd so I can combine all of Shawano County. Club Presidents can collect the hours from their members and mail them or leave them at the Extension Office. Presidents please send your compiled sheets to Helen Raddant at W6697 Waukechon Rd., Shawano, WI 54166. Individual Members can do the same.

Our Annual Bake Sale is July 15th, 2017. Besides the baking I will need a few ladies to help with set up and then to help during the morning. The bake sale will run from 8 am to Noon. The Summer is then free for whatever we choose to do.

Our next time for an HCE project will be setting up the display at the Shawano County Fair. We will be hosting the Shawano/Waupaca Learn-In but as of yet no date has been set.

Thanks to all who have read for Wisconsin Bookworms and just a general thanks to all for whatever you have done so far this year.

See you around and our next Leader training is in October.

Helen Raddant President Shawano County HCE



#### **Calendar of Events**

## May 2017 TBA Learn-In Planning Day 14 Mother's Day 29 Memorial Day

#### June 2017

- 3 On the Move & In the Groove Hours Due
- 5 Volunteer Impact Hours Due
- 14 Flag Day
- 18 Father's Day
- 21 Summer Solstice



#### \$350 HCE Scholarship

The Shawano County Scholarship winner this year is Deanna Zernicke. Here is Deanna's thank you to HCE.

Dear Shawano County Association for Home and Community Education,

My name is Deanna Zernicke, and I am the daughter of Dan Zernicke. Many of you probably know me from my grandparents, Delmar and Rozanne Zernicke. Growing up on a farm located just outside of Bonduel, I quickly developed a strong passion for the agriculture industry and everything that it has to offer. I spent many hours working on my family's farm and with my show animals, and I really didn't realize how much I would miss the country life until I came to Madison. Before I came to school, I wasn't sure what I wanted to major in,

but after spending a little while on campus, I quickly decided that I couldn't let my agriculture roots up. I am not exactly sure what my post-graduation plans are yet, but I am looking into either attending law school or obtaining my masters in business administration. However, my ultimate goal, no matter what path I choose, is to connect consumers and producers. Currently, there is a huge disconnect, and that is destroying the agriculture industry. Building and strengthening this connection could help save an industry that we all love and need to survive.

Currently, I am a sophomore double majoring in Economics and Agricultural Business Management at the University of Wisconsin-Madison. I am heavily involved in the Association of Women in Agriculture at UW-Madison, the Economics Student Association, and Saddle and Sirloin Club. These student organizations have all provided me a great deal of professionalism, support, and networking opportunities. They have also given me many chances to give back to the community. Every Halloween, we put on a haunted house to collect canned food items for the Second Harvest Food Bank in Madison, we plan, organize, and run five youth livestock shows to further the growing and learning experiences of youth showmen, we volunteer at the Ronald McDonald house a few times a month, we rake leaves in the fall and help plant gardens in the spring, and we participate in small community service events throughout Madison. However, my ultimate favorite service event is the Rally to Fight Hunger. This is an event that partners with Kids Against Hunger, a nonprofit organization that helps provide highly nutritious meals to children around the world who have limited access to food. Last year, we packaged 29,808 meal bags, this year, we packaged 40,392 meal bags to send to Nicaragua. Apart from school, I am currently interning with Land O'Lakes as an Emerging Leader in their Global Food Challenge Fellowship. In this position, ten other students and I are working with university professors and Land O'Lakes mentors to develop a project that addresses solutions for food insecurity. In the summer, we will be interning at Land O'Lakes, Inc. headquarters in Minnesota and will visit Land O'Lakes member farm and member agriculture cooperatives. We will also travel to Washington D.C. to visit with policymakers and

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agricultural experts and to Africa to meet with smallholder farmers.

I would like to take the time to thank you for your support and aid with financing my undergraduate education at the University of Wisconsin-Madison. Without people like you, I would not be able to live my dream and attend a leading university. My education is a stepping stone to my future, and I thank you all for making that possible for me. I would also like to thank you for your generous support of the youth of Shawano County and all the citizens of Shawano County. I greatly appreciate it all, and I believe that the community of Shawano County also appreciates all that you do.

Thank you, Deanna Zernicke



#### On the Move and in the Groove

Hopefully you have been keeping track of your On the Move and in the Groove. Remember you get 1 point for each 20 minutes of activity. For Example: 1 hour = 3 points. Dates are Feb. 28th to May 27th, 2017. Send completed sheets to Sandy Wendorff by June 3rd at W7382 Anderson Ave, Shawano. Prizes for top 5 will be given at the Annual Fall Meeting.

In 2016 there were 33 counties that reported participation in 'On the Move and in the Groove' with total points at 136,834 up from 98,989 in 2015! Way to go! I'm sure we will break 150,000 points next year with everyone Movin' and Grovin'!

The winners for 2016 were Kewaunee County with 19,713 points and Brown County with 12,240 points. Outagamie and Rock Counties were not far behind, so let's keep this competition going for everyone's good health and well being.



#### UW Colleges & Extension "Tap Into It" Campaign

UW Colleges and Extension resources and programs enhance the overall quality of life for nearly 200,000 Wisconsinites every day. Each one has a story—about a class that opened doors, a program that inspired, or a community partner who earned their trust. And every one of those stories can have a positive impact on the future of UW Colleges and Extension.

What are YOU thankful for? Tell us how the people and programs of UW Colleges or UW-Extension have helped you learn, grow, or succeed. Visit https://uwcx.org/ to share your story!



#### Bake Sale

Ladies our date is July 15, 2017. Bring your baked goods to the Farmer's Market on Washington Street by 7:00 am that morning. If you need to, you can drop your baked goods off at the Extension Office on Friday the 14th by 4:00pm. Please label your items if they have nuts of any kind. I will make calls to the club presidents in the beginning of July. Happy Baking Girls





#### Fall Learn-In

We will be getting together with Waupaca County later in May. If you have any topic ideas or know of a guest speaker please contact the committee. If you would like to be added to the planning committee please call Helen Raddant at 715-526-2919. Leave a message if I'm not at home.

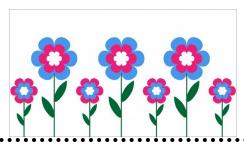
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#### In Remembrance of Rose Radtke

Rose Margaret Radtke, Age 97, passed away on April 6<sup>th</sup>, 2017. Rose was born on January 26<sup>th</sup>, 1920 in Neopit, WI to Arthur and Frances (Rentmeister) Eastman. She was united in marriage on August 20th, 1940 to Carl Kenneth Radtke, Jr. and together they raised a family of eight children. Rose and Carl would have been married for 77 years but he passed away in 2008. She enjoyed snowmobiling and loved to fish on the inland waters and Lake Michigan. She was a member of Sacred Heart Catholic Church in Shawano. She volunteered her time with the V.F.W. Auxiliary and the American Legion Auxiliary. Rose was one of the founding members of Learn-A-Lot HCE in 1954. She used the lessons she learned in the organization for years and years, including Mrs. Engle's lesson on bread making and folding fitted sheets. She fondly remembered the many trips she took with the group. One of the trips she enjoyed was a tour of the State Capitol in Madison. She enjoyed the International lessons, learning about different places and their food and Learn-A-Lots International Night with everyone bringing a prepared recipe of the country they were studying. Rose will be fondly remembered and missed by all who knew her.



#### Bike the Barn Quilt's

The BTBQ committee is once again looking for volunteers to work at the registration area (the park) for the annual Bike the Barn Quilt ride/walk/run. This year's event will be on September 30th. If you or your club is interested in helping out on this day please call the UWEX office and let Kara know.



#### Club Impact Contribution Report Volunteer Hours

Just a reminder that we need your volunteer hours report. The reporting time frame is from June 1st, 2016 to May 31st, 2017. I need to send these in by June 9th 2017, so club presidents please get your info to me by **June 3rd** at the latest to be included in the numbers. The form is in the back of the newsletter.

Helen Raddant W6697 Waukechon Rd. Shawano, WI 54166 Thanks in advance for being on time.



#### Wisconsin Bookworms™

Here is the line up of books for the 17-18 School Year. The HCE readers will be sharing their story telling skills once again at the Bonduel Bear Cubs, Shawano Head Start and Stockbridge Head Start.

Turtle Spash! Countdown at the Pond
What Will the Weather Be Like Today?
Bear and Duck
The Biggest Snowman Ever
Mi Gato, Mi Perro/ My Cat, My Dog
The Shape of Things
You Are Special,
Daniel Tiger!



#### 2017 Spring Event

#### "Have a Dog Gone Good Time with HCE"

The Spring Event was held at Season's Restaurant on May 1st. 68 of our 83 members attended!
Officer Rekoske was the guest speaker for the night. His topic was about the Shawano County K-9 Unit.



Guest speakers for the night: Officer Rekoske & Officer Ann





Silent Auction Items!



Verdell Krueger was the winner of the door prize.



Many of the Bizi-Belles Club members were celebrating their 40 year in HCE!!



Joyce Natzke & Marge Ainsworth



Some of our 60 plus year HCE members.



Hazel Kucksdorf & Doris Buchholz



#### 2017 WAHCE State Conference "Here Comes Excitement in the Dells"

Southwest District HCE invites all HCE members and their friends to attend the 2017 WAHCE Annual Conference in Wisconsin Dells at the Glacier Canyon Lodge (part of the Wilderness Resort).

Mark the dates of September 11-13, 2017, to attend this conference. Tours and workshops are being planned with education and excitement in mind.

It's not too early to reserve your hotel rooms. Reservations can be made by calling 1-800-867-9453 and tell them you are with the 2017 WAHCE Conference at the Glacier Canyon Lodge, room block # 539355.

Room rates are \$99.99 per room (double queen for 1-4 people) or \$139.99 for a two bedroom deluxe up to 7 people). They will charge your credit card for one night when you make your reservation. The room block will be released on August 11th.

Contact Donna Kohnke or Sylvia Kriegl, Conference Co-Chairs for any questions.

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Kitchen Maids - Older lesson given by JoAnn on "How we could Improve our Brain". Made two food donations to SAM25. Several ladies played BINGO at Oak Haven as they were available the past two months. Received a thank you card from the TULP pantry for monetary donation made. Prepared a meal for SAM25, delivered and ate with the clients that were using the facility that evening. Will enjoy a salad lunch for their last meeting of the season together in May.

**Bizi Belles** - Will hold their club picnic in May. A food donation was made by their club to SAFEPARC. They received a thank you note from Veteran Home at King and SAM25 for cards made, and a monetary donation given. A lesson was shared on Seasonal Affective Disorder.

**Flower Queens** - They received lesson materials on depression to work through on their own. Judy presented a lesson on Keeping your Brain Fit as You Age.

**Learn A Lot** - Donated a Danish book to the Library in Joyce Souba's memory. She will be missed by all. Studied Australia. Finished making birthday cards for King.

Red Springs - Received a thank you from Humane Society for their donation at Christmas time.

**WISC** - Discussed Spring Event. Five members attended informational night on Alternative Medicine. The topic was well received.

#### WHAT PEOPLE SAID IN 1955

- Did you hear the post office is thinking about charging 7 cents just to mail a letter?
- If they raise the minimum wage to \$1.00, nobody will be able to hire outside help?
- When I first started driving, who would have thought gas would someday cost 25 cents a gallon?
- Some baseball player just signed a contract for \$50,000 a year just to play ball.
- I never thought I'd see the day when kitchen appliances would be electric. They are even making electric typewriters now.
- It's too bad things are so tough nowadays, I see where married women are having to work to make ends meet.
- It won't be long before young couples are going to have to hire someone to watch their kids so they can both work.
- ◆ I am afraid the Volkswagen car is going to open the door to a whole lot of foreign business.

An EEO/AA employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title VI, IX and ADA requirements. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact Nancy Schultz, FLE UWEX-Shawano County. Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that proper arrangements can be made. Requests are kept confidential. 711 (Wisconsin Rely)

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#### All Shawano County Veteran Graves to Get Flag Holders

The staff at the Shawano County Veteran Service Office (CVSO) is working with Churches, Cemeteries and Veteran Organizations to place metal medallion flag holders on all Shawano County veteran graves. The flag holders are used to display flags on the graves for Memorial Day each spring to ensure that Shawano County's veterans are honored and remembered. The project began in 2012 when the Veteran Service Officer, Nick Benzinger, read an article about a similar project in another county. Benzinger approached the county about funding a project here in Shawano County and in 2013 the County Board approved money (\$2,000 a year for five years) to go towards the purchase of flag holders. Another \$2,200 in donations has been contributed by individual donors, service organizations and churches. The CVSO has purchased and distributed 1,558 markers to 18 cemeteries throughout the county. Benzinger hopes to have all existing graves marked by 2017 and after that plans to provide the holders for placement on new graves as needed. If you would like to help with this project or know of graves that need markers, please contact Nick Benzinger at the Shawano County Veteran Service Office phone: 715 526-9183.



#### Prevent Poisoning @Home

A poisoning is when someone swallows, breathes, touches or gets splashed in the eye with a substance that can cause sickness or death. Many times the substances in and of themselves are not poisonous. An adult may take an aspirin to ease some pain, but when a two-year-old ingests a handful of pills thinking they're candy, it can result in much more than a headache.

#### Why is poison prevention at home important?

Shockingly, 90% of all poisonings occur in the home, which is the one environment you'd think people had the most control over. Read on for advice about how you can prevent poisonings in your home and free resources you can download from the American Cleaning Institute at http://www.cleaninginstitute.org/ poisonprevention/

#### How can you prevent poisonings?

Poison prevention at home starts with reading the label. Turn on the lights, get your glasses and read the label, even if you use the product all the time. Read on to learn why reading the label is important and other poison prevention tips when using and storing cleaning products at home.

#### Read and follow the product label directions.

The household cleaning products you use are safe when used and stored according to the directions on the label. Just be sure to read and follow the label directions carefully. Pay particular attention to products whose labels include the words "Caution," "Warning," "Danger" or "Poison" and if you have any questions, call the toll-free number found on most product labels.

#### Call for help.

If you think someone has ingested or otherwise been exposed to a cleaning product call the Poison Help line at 1-800-222-1222.

#### Do not reuse empty cleaning product containers for toys or crafts. .

Cleaning product containers are not toys. We encourage parents and teachers to keep cleaning products out of reach of children and pets. So, using cleaning product containers for crafts could send a mixed message to children.

This article was originally published March 2017 by the American Cleaning Institute.

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# Impact of HCE -- 2017



# HCE Club Member Contribution Report

The dates for the report for 2017 are June 1st, 2016, to May 31st, 2017. Please give your reports to your Club President or your County Coordintor so they can be compiled. Counties will put To recognize the achievements and contributions of HCE members, each member is asked to complete the following sheet. Information will be compiled into an "Impact of HCE" Report. everything together on the County Form and send to JoAnn Blonien, WAHCE Vice President for Family and Community Life by June 10th 2017. Thank You!

			nd the amount of time vou
Contact information: (will not be shared, for record keeping only) Club Member's Name:			In the past year please indicate the number of times you attended and the amount of time you
Contact information: ('Club Member's Name:	County:	Club:	In the past year please in

gave for the following: In the

Event	# Attended	Time Spent	ַ פַ
County HCE Executive Board Meetings			<u>۲</u>
County HCE Spring Event(s)			Ma
County HCE Fall Event(s)			12-
County HCE Educational Sessions		51	Ma
HCE Club Meetings			9
HCE District Meetings			Ma
HCE State Meetings			Apr
101A Please list any fundraising activities you were involved with on behalf of HCE.	I olved with on behalf of	TOTAL	Apr
(example: bake sale at the bank for HCE))			7-8
Fundraising Activity		Time Spent	Apr
			<u>유</u>
			Ap.
	TOTAL:		7-0 V
Please list any community outreach activities that are directly related to HCE	are directly related to H	CE.	2 8
(example: Bingo at the nursing home for HCE))			Δ
Community Outreach		Time Spent	2 2
			2 2
			7-1
	TOTAL:		Ma
Please list the value of any individual donations (monetary or otherwise) you made for HCE.	(monetary or otherwise)	you made for HCE.	14-
Note: Club donations will be obtained from Club Treasurer.	Treasurer.		Ma
(example: crocheted baby blanket for HCE)			7-
Donations	Esti	Estimated Dollar Value	
			_
	TOTAL		



Wisconsin Association for Home and Community Education, Inc\*

## On the Move and in the Groove (individual) February 26 to May 27, 2017

Get moving with HCE members from across the State. Record 1 point for each 20 minutes of activity. For example: 1 hour = 3 points. Give this report to your County Coordinator who will complete the County Combined Report.

Name of County:

	(D													
	RUNNING TOTAL													
	TOTAL													
	Sat.													
ľ	Fri.													
	Thurs.													
	Weds.													
	Tues.													
	Mon.													
	Sun.						•							
Individual:	Dates	Feb 26 March 4	March 5-11	March 12-18	March 19-25	March 26 April 1	April 2-8	April 9-15	April 1 6-22	April 23-29	April 30 May 6	May 7-13	May 14-20	May 21-27

11/117 pdated 1/1/17

TOTAL POINTS