



# Satellite



**Home & Community Education**

**Nov./Dec. 2015**

Hello,

As I write this letter, it is an end to an exciting day. The weather was great as 55 HCE ladies from our Central District traveled to the Main Event in Cecil. We were honored to be able to host this Fall Meeting. It was a time of learning and taking care of business for 2016. We had two wonderful speakers to listen to. So it was a mixture of learning and enjoyment. Also renewing and meeting new ladies of HCE. As always we had a meal prepared by Sally. Next week Tuesday we will be traveling back to the Main Event in Cecil for our Learn-In with Waupaca County which we are the host County this year. So hopefully we will see a lot of Shawano County HCE members enjoying learning and visiting with members from Shawano County. We always look forward to the very tasty meal that we are served. Then we are into November, when we will be having our Fall meeting on Wednesday the 4th. At 5:30 pm we will have a guest speaker on Cranberries. We will then have refreshments with cranberries included in the recipes. After our speaker the business meeting will start. Also at the meeting we will be honoring our 55 years and more members with certificates which we received at the State meeting in September. They will also each receive a surprise gift that came from the State.

This is our last gathering for the year, so hopefully we will have a great ending of the year 2015. Early in November after we gather suggestions from you at the meeting we will be planning next year's lessons from ideas we receive and also ideas we brought back from the State meeting. JoAnn Fehrman, Janet Lane, Carol Sybeldon, Sandy Wendorff and myself will be giving short talks on our trip to the State Conference at the Fall Meeting. I would like to THANK Shawano County HCE for sending me. It really is a wonderful time of learning and meeting new friends or connecting with some you have gotten to know from past get-togethers. Next year's Conference will be in Eau Claire so give some thought to going as this is a great experience. We car pool and share rooms and don't forget we do have scholarship money available to those attending.

THANK YOU to the bakers who helped bake the 400 cookies that looked like Diamond Rings for table favors. Shawano County made all the table favors for the main dinner. The frosting of the cookies went well at my house. We let them set for a day before packaging and I have to say that only two cookies got broken in transport. We received a lot of compliments on how wonderful they were. Some of us again helped with the Bike the Barn Quilt ride the last Saturday in September. So whether you baked breads to serve to the bikers or helped out that day it was great to have HCE participate. We were told there were 80 volunteers for that event. Next year the routes will be changed, only three of the 8 routes will leave from Shawano.

So in ending I hope everyone will continue to support HCE and be involved as much as you can. It really is a good feeling when we see all that we have done in a year. A very Special THANK YOU to Nancy Schultz for all her time and talent she gives us. We truly need her. Remember to keep track of your Volunteer hours for HCE as next year we will be compiling all of them again for the county/state.

So HAPPY THANKSGIVING and MERRY CHRISTMAS to all of you and your families.



*Helen Raddant  
President Shawano County HCE*





# Calendar of Events

## Nov. 2015

Nov. 11 Veteran's Day

Nov. 26 & 27 Thanksgiving Day—Court House Closed

## Dec. 2015

Dec. 24 Christmas Eve— Court House Closed at 11:45 am

Dec. 25 Merry Christmas—Court House Closed

Dec. 31 New Year's Eve—Court House Open

Jan. 1 New Year's Day—Court House Closed

## HCE Executive Board Meeting September 22nd, 2015

President Helen Raddant called the meeting to order and opened with Creed I. JoAnn F. made a motion to adopt the agenda and Carol S. 2<sup>nd</sup>. Those attending were Nancy Schultz, FLE, Helen Raddant, Sandy Wendorff, Carol Sybeldon, Sandra Smith, JoAnn Fehrman and Janet Lane.

Minutes of the last meeting were approved. The treasurer's report was accepted and put on file. Carol S. and JoAnn F. received a letter asking them for another term on Member/Marketing for the State Organization.

Sandra S. did not have a report for Center II since they don't meet in the summer. Carol S. from Center I said the Kitchen Maids attended the Musical in July and last Sunday did the Amish tour with Ken Natzke and will play bingo in Oct. in Marion.

Sandy W gave the Bookworms report and said at the Fall District Meeting Oct. 20—there will be a training session for all the Bookworm readers. Sandy Liang from Waupaca at the Sate Conference had a program "Sharing the Joy of Reading". Nancy's Time: Just started the 3rd Raising a Thinking Child with 11 families and 5 families wanted the workbook so they

could work on their own. PAC (Poverty Awareness for Community Engagement) will have an all day workshop Oct. 13. Wittenberg, Oct. 1, will have a Health Fair and Strong Bones will be presented. Talked about ways to bring in new members by updating our Brochure, advertising in the paper or radio, you-tube videos can be used to share programs -- just to get the word out about our organization. Strong Bones has 150 people for the fall class and finished "walking to Boston" a ten-week summer program.

No New Business.

For Old Business: 1) Oct.27, Learn-In everything is planned. 2) Fall District Meeting everything is planned. We should print creeds on Program, the 2<sup>nd</sup> Creed was called a Prayer at the State Meeting, Nancy will have the folders and the Executive Board will donate breads. 3) We made approximately \$ 920 from the Brat Stand and \$ 370 from the Farmer's Market Bake Sale. Janet L made a motion to give Vita \$ 170 for their day at the Brat Stand, Sandy S. seconded the motion. 4) Bike the Barn Quilt is Saturday and Helen and Carol will do registration and Sandy W and Janet will help in the kitchen. 5) The cookie table favors for State Convention were well received. We tabled Scholarship protocol and Bylaws for the Next meeting. 6) Went over changing the budget donation amounts 7) Many good comments about the Fair display on our Diamond members. 8) Our Annual Fall Meeting will be Nov. 4<sup>th</sup> at 5:30 and our guest speaker will be talking about cranberries. Next meeting will be Nov. 19<sup>th</sup> at 5:30 and Nov. 9<sup>th</sup> we will meet at 10 am. at the Courthouse to work on next year's programs. Closed with Creed 2.

## 2015 State HCE Conference at Steven's Point

What a wonderful experience to be able to attend the 3 day State Conference in Steven's Point with Helen Raddant (thank you for driving), Sandy Wendorff, Carol Sybeldon, JoAnn Fehrman and Nancy Schultz and Celebrating the Many Facets of HCE our theme for this historic 75 years of HCE. Thank you for this opportunity to talk with so many



wonderful ladies; go to informative workshops and meetings and even touring a Potato plant and Alpaca farm. On Monday, Sept. 14<sup>th</sup>, I toured Paragon Farms and their Potato Processing Plant. This is a huge family operation and we followed the potatoes from storage outside and moving the potatoes inside by way of a water tunnel where they were dried, inspected, sorted by size and weight, then either stored or packaged. We learned a lot about potatoes from their content, the experimental process (currently they have 250 varieties they are testing), how the product can be identified back to the field, and the new varieties. After the potato tour we went to the DVZ's Alpaca Hideaway to see Alpacas and learned about these docile animals, their fleece, breeding and the Great Pyrenees that protect them and then visited their shop afterwards.

The Welcome General Session, Monday evening had an impressive speaker Dr. Zorba Paster who talked about health. The Entertainment for Tuesday Evening Banquet was Cody Clauson and his sister from the Clauson Family Music Show; they were humorous and very entertaining. On Tuesday I attended the workshop on Attracting Winter Birds by Daryl Christensen and learned different ways to provide a better habitat and protection for our feathered friends. My next class was "Raising a Thinking Child" where Bridget Mouchon-Humphrey and Jenny Wehmeier talked about the process and goals of interacting with children to encourage a thoughtful and thinking child. On Tuesday I attended the class of "Bulletproofing Your Computer and basic Face book" and received helpful information on keeping your computer safe from viruses, etc. Wednesday I attended POOL session "Food Label Lingo: Understanding Food Labels". A very interesting presentation by Sarah Siegel on what is on that small label and how to interpret what it all means. My last session was " My Life as a Beekeeper" by John Piechowski and learned about honeybee colonies and the operation on Henry' Honey Farm.

**Janet Lane**  
**Secretary**

Thank you Shawano County HCE for allowing me to attend this Conference and I encourage others to seriously consider attending this very informational and well-presented event. It is so wonderful to meet ladies from all around the State, learn what they do and hear their stories. Thank you again. Janet Lane, Landstad Ladies

I was grateful to have the opportunity to join in along with over 400 other participants of our great organization and celebrate 75 years at our annual WAHCE State Conference held in Stevens Point recently.

Helen, Sandy, JoAnn, Janet and myself spent 3 days consumed with a variety of educational workshops, keynote speakers, fun activities, and the enjoyment of fabulous food and entertainment. Nancy was a presenter, but was only able to stay for a short period of time due to her busy schedule.

The tours being offered included Renewable Energy Headquarters, Paragon Farms Potato Processing, the Alpaca Hideaway, Verso Paper Mill, and Sculpture Park. It's always very interesting to take a tour prior to the beginning of the conference to get a feel for the local industry and attractions surrounding us.

Several meetings were attended by members of our Executive Board during the Conference. We were represented at all of the Wisconsin Bookworms trainings and updates; the Treasurer's Workshop; the President's Annual Business meeting; the Marketing and Membership training; the P.O.O.L sessions and as many of the workshops that we could attend.

We look forward to incorporating much of this information into future lessons for our members in Shawano County. Thank you once again for the chance to participate at the State level.

**Carol Sybeldon, Center I Chair, Marketing/  
Membership Co-Chair, VP of Programs**



What a wonderful way to celebrate 75 years in WAHCE then to be with your HCE friends. To see all the women who were recognized for 55 years and more. Also to have 96 year old, Ardith McDowell



there, who has 66 years in WAHCE. What a good feeling to see so many older and younger HCE members together, learning and doing many things together.

My first session was “Becoming the Queen of Green.” It was very interesting. Your electric frying pans use the most energy and crock pots the least. Vinegar and baking soda are still the best cleaners and dryer sheets aren’t good. But they are good to be put in places where you don’t want mice, because mice don’t like them.

I attended two sessions with Wisconsin Bookworms™. Both were great, Sandy Liang from Waupaca County helped Holli Kirchner from Wisconsin Public Television. We learned different ways to read and understand different age children. They were well attended sessions.

We all attended a general session after lunch on Tuesday the topic was “Celebrate What’s Right with the World”, given by Nancy Crevier, Family Living Educator from Marinette County. Look for the positives, believe it and you’ll see it! Were some of the topics we talked about. It really made you think what you can do to help HCE in your communities.

I attended a session on “The Eyes Have It!” Given by Ken Schroeder, Portage County UEX Agricultural Agent. I really learned a lot about potatoes and that Wisconsin is number three in the nation for growing potatoes. Portage County is Number 1 in the state. About 848million pounds are grown on 17,600 acres. Once acre can yield 48,000 pounds that feeds 384 people per year. Most people eat 100 to 125 pounds of potatoes a year alone. They are low in sodium and cholesterol. Good source of vitamin C & B6. They also have more potassium than a banana. They also were the first vegetable grown in space. It was a very interesting session. Now when I have a baked potato I look at it a little differently.

My last session was “Wisconsin Women Making History”, their stories, our legacy, with Lynne Blinkenburg, Director of Community Engagement for Wisconsin Public Television. With Lynne you always learn something new. She has been with

WPT for 17 years. We learned a lot about women from Wisconsin and how they helped make history in Wisconsin in many different ways.

We celebrate in March, “National Women History Month”.

It was a very busy 3 days at the conference. But I sure thank SCHCE for letting me attend. I enjoy meeting so many old and new friends each year. Plus I always come home with lots of information. I like to share with SCHCE members.

**Sandy Wendorff**

### **Bookworms™**

It’s that time of year again! The books are here and the readers are ready to go. The Bookworm™ readers will be at the Bonduel Cubs Daycare, Shawano Head Start and at Stockbridge Head Start. In total they will be reading to approximately 63 children. The list of books this year is: Balancing Act, The Very Hungry Caterpillar, Cows to the Rescue, LMNO Peas, Lola Reads to Leo, If You Give a Pig a Party, Who Has This Tail and Tortillas Are Round.

### **Club Paperwork**

Just a reminder that some of our clubs/individuals do not have their (or parts of it) into JoAnn or the UWEX office. Please turn it in as soon as possible so we can get our member listing and the 2016 Program Book completed.

### **2016 Program Books**

Program Books will be ready for pickup in January. We will contact the clubs when they are ready by email/phone call. We will make arrangements to deliver the books to your club if necessary.

### **SAM25**

The new seasonal shelter call SAM’s House will have an Open House on November 14th from 10 am to noon. House blessing by local Clergy at 11:00 am. A short tour and refreshments will be provided. SAM’s House is the new seasonal shelter providing temporary shelter for men, women, and children during the winter months.



# Beams

## CENTER I

**Kitchen Maids** – Received a Thank You note from Hazel for a plant they sent her. A discussion was held about the Amish tour the group took in September. All were impressed by their culture and its people. Some members attended the play “CLUE” together over the summer. Plans were firmed up for the annual bake / craft sale to be held in Tilleda in Nov. Available members have been playing BINGO with Oakhaven Residents once a month.

**Red Springs** – No meeting held. A lunch was shared with door prizes. Ladies will attend the Learn In in Oct.

## Center II

**Bizi Belles** - Received thank you notes from Pine Manor for table decorations, Bike the Barn Quilt for help at Witt’s, John & Sandy Smith for 50<sup>th</sup> anniversary gift. A motion was made to continue food donations to SAFPARC. Each member made a monetary donation for a fundraiser. Club Christmas party will be held at the Gathering.

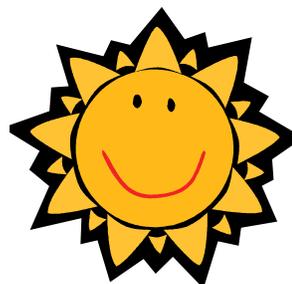
**Flour Queens** - Collected money for SAFPARC. A Suggestion for a program lesson is “How to Make Scented Soap”. Members baked and donated breads for Bike the Barn Quilt. A Discussion was held future meetings at a restaurant.

**Learn – A – Lot** – Joyce shared about her knee replacement. A book was given to the library in memory of Doris Kerry. Thank you cards were received from “Kings”, Joyce and Myrtle for flowers and Doris Kerry’s family for the book donation. Joyce received a pocket prayer shawl from a friend in Nigeria. Marlene shared a bed turning quilt from 1900’s.

## ENTER III

**Landstad Ladies** - Reported that their AVON fundraiser was successful. One card was sent out from the “Cheer Club”.

**WISC** - Audrey served an apple dessert with coffee. Members that were present attended the Oct. lesson at the Bonduel Church as a group. Three guests also attended.





# Kitchen Maids HCE Craft Sale

The Kitchen Maids will be having their annual craft and bake sale on Sunday November 22nd from 9:30 am to 2:00 pm at the Tilleda Town Hall.

The Tilleda Timberwolves 4-H Club will be serving lunch. Admission is free and everyone is welcome!

There will a guest appearance by grilling experts, **Maddog & Merrill!!**



## Strong Bones Program

The Strong Bones Program will start a new session the week of January 4th. Check out the WWF for more information on the program.

Reflections on the *Waters That Are Never Still* this is a Literary Journal of the Mohican People Edited by Mark Shaw. Below is an excerpt from the book that you can check out for your meetings thought the UWEX office.

### Silken Mesh By: Denise Fye

I sit crossed-legged looking up.  
A spider clings to a web.  
The wind twists the silken mesh.  
Amazed at distinctive complex designs.

A spider clings to a web.  
Attacks the insect, with lethal venom.  
Amazed at the distinctive complex design.  
Her prey ensnared into a silky blanket.

Attacks the insect with lethal venom.  
Her strong bent legs work quickly,  
Her prey ensnared into a silky blanket  
Does it know its dying?

Her strong bent legs work quickly  
Her victim sheathed in a ball-shaped cocoon  
Does it know its dying?  
Her bent legs unwarp.

Her victim sheathed in a ball-shaped cocoon,  
Ballooning through the air on sticky thread.  
Her bent legs unwrap.  
Craft a new web.

Ballooning through the air on a sticky thread.  
The wind twists the silken mesh.  
Crafts a new web.  
I sit crossed–legged looking up.