

Satellite



Home & Community Education

Sept./Oct. 2015

Hello,

As I write this it is supposed to be the hottest day of the year so far. So what a great day to be inside with the AC on. Time and Temp says 85 but it is to get to 92. So looking forward to the cooler weather this week. I am hoping we do get the rain later into the evening. But first I want to go to the Memorial Park and enjoy the band that is playing tonight. Tonight is the last night of the music. I was able to enjoy some of them.

First off I'd like to Thank everyone who helped at the Brat Stand, especially our griller who did 2 shifts on Tuesday for us, so THANKS Richard Pahlow. I won't mention everyone by name but you know who you were. Then we had the Bake Sale and again THANKS to all of the bakers we had a good variety of items to sell. And Thanks to Marion and Janet for helping me set-up, sell and then take down. I know it was a rather busy week for all. Now that those two fund raisers are behind us we can relax a little. Next year I'll be sure and look at the calendar better so that both aren't in the same week. Totals made will be in the Financial Report at Fall Meeting but I think we did great.

Next on our agenda is the Shawano County Fair. I want to Thank those of you who will be setting up the HCE Fair Booth and the Patty Pumpkin Seed Booth. This will be the first year I will miss the Shawano County Fair since 1966. I am leaving for Tennessee on September 1st and returning on the 8th. I will be visiting with one of my sisters and her husband, and her son and family who live there. I will be traveling there with her other son and family who live in Hortonville WI. So a great Family time to share. We do plan on some sight seeing and one night we will get to the Grand Ole Opry or the Reiman Auditorium for a show.

Then back to reality of work and the next order of business for HCE. On the September 10th and 11th HCE will be baking cookies at the Shawano Community High School, we need 300 to 350 cookies to take to State Conference the 14th thru 16th for a table favor. I will be looking for a few bakers. Looking forward to a little relax time while gone to the Convention in Stevens Point. It is always great to learn new things and socialize with others from around the state. On September 26th HCE will be helping out at Bike the Barn Quilt. It's another great day of meeting others from all over who come and participate in the ride.

In October Shawano County is hosting the Fall Regional District meeting on October 20th at the Main Event in Cecil. This meeting is just not for Executive Board meeting members it is for everyone. It is another day of learning and socializing with the ladies from our Central District.

The next week October 27th is our Fall Learn In with Waupaca County which will also be held at the Main Event in Cecil. So be sure and look at the topics of interest and join us for another day of learning and socializing. Hope to see a lot of you there.

After the Learn In it's time to get the November/December Satellite in the mail.

Enjoy the rest of the Summer and hopefully see some of you around somewhere.

*Helen Raddant
President Shawano County HCE*



Calendar of Events

Sept. 2015

Sept 2-7 Shawano County Fair

Sept 14-16 WAHCE State Conference

Oct. 2015

Oct. 7 - 8 Leader Training on Vitamin D

Oct.. 20 Regional Fall District Meeting

Oct. 25 Make A Difference Day

Oct. 27 Fall Learn-In

Nov. 4 Annual Fall Meeting

October—Leader Training

"Vitamin D"

Find out about the importance of Vitamin D in your diet. Learn what foods contain Vitamin D, if you are getting enough and what are some effects of Vitamin D on your health. This class is held in conjunction with the Shawano County HCE (Home, Community & Education).

October 7th—Shawano Courthouse, Room A/B, 5:30-6:30 p.m.

October 8th – Bonduel, Zion Methodist Church, 1:30– 2:30 p.m.

Please clip and send back to the UWEX Office by the first of each month.

October Leader Training Meeting

Contact Person _____

Club _____

Members Attending: ____ Shawano ____ Bonduel

2015 Save the Dates

November 4th—Annual Fall Meeting with Tom Lochner of the Wisconsin Cranberry Growers Association as the guest speaker.

Fall Learn-In at the Main Event

On October 27th the Shawano County along with Waupaca County will be hosting the Fall Learn-In at the Main Event in Cecil. This year we have some wonderful topics. They include Stockbridge Heritage, Language of Flowers, Color and Personality and Service Dogs. The meal will be pepper steak and buttered noodles, vegetable, coleslaw, roll, dessert and a beverage. The Learn-In will run from 9:00 am to 2:45 pm. The registration form is included in this Satellite. Cost of the program will be \$15 per person.

If you are able to post a flyer at church, work, local grocery store or bank please let us know and I can send copies to you. This is a great way to introduce others to the fund and joy of learning about new things and tweaking our imaginations!



Annual Fall Meeting

The meeting has been changed from the October date to November 4th in conjunction with the lesson on Cranberries. The Annual Fall Meeting will start with at 5:30 pm with our speaker. Following the speaker there will be the business meeting. Light refreshments with a cranberry twist will be served. Center II will be hosting. Everyone is welcome to attend this meeting!





Bike the Barn Quilt

Bike the Barn Quilt will be held on September 26th, 2015. We are looking for volunteers to work the food station at Memorial Park, we will need 8 volunteers for the registration desk and we would like for all HCE members to make and donate "Breads" for the event. We will need to have your breads dropped off at the UWEX office at the court house by Sept. 25th by 2 PM.

Food Station at Memorial Park -6:15 to 11:15 am

Leader: Sandy Wendorff and Janet Lane

- 1 _____
- 2 _____
- 3 _____
- 4 _____

Food Station at Memorial Park -11am to 4 pm

Leader: Helen Raddant

- 1 _____
- 2 _____
- 3 _____
- 4 _____

WITT'S LOCKER Food Station—9 to 11 am-Please report directly to Witt's Locker.

Judy Pahlow, Ruth Pahlow, Inez Muraski

REGISTRATION TABLE—One more person needed

Carol Sybeldon, Helen, Raddant, Rita Trinko, Barb Heins, Gail Swanke, Stephanie Spencer, Jennifer Greiert, **plus one more.**

All HCE members to make and donate "BREADS" for the event.



Impact Report for 2015/16

For 2015 we had a full year of Volunteer Hours to report. They started on June 1, 2014 and went to May 31, 2015. The tracking forms were in your Satellite last June and again in the March/April newsletter. Helen Raddant then tallied up all the hours and dollar amounts for all the clubs. It will be

interesting to see the State Impact to HCE members, Clubs, and County Officers as this is the second year for this reporting! Keep up the GREAT work. Looking forward to 2016 Impact Results.

2015 Shawano County HCE Volunteer Contributions

-Community Outreach Hours

Members: 551 Hours

Clubs: 1,224 Hours

Executive Board: 113 Hours

-Donations Dollar Value: \$1,586.00

-Fundraising Hours: 233 Hours

The Corporation for National and Community Service has released volunteer information for 2013. Here are some of the results from that study.

- * 35.1% of residents volunteer ranking Wisconsin 5th among the 50 states and Washington, DC.
- * 1.61 million volunteers provided 163.8 million hours of service
- * \$3.7 billion of community and caring service contributed
- * 35.9 volunteer hours per person
- * 74.4% of Wisconsin residents engage in "informal volunteering" (for example, doing favors for neighbors)



HCE Executive Board Meeting

Wednesday, July 15th, 2015

President Helen Raddant called the meeting to order and opened with Creed I. Sandy W. made a motion to adopt the agenda and Carol S. 2nd. Those attending were Nancy Schultz, FLE, Helen Raddant, Sandy Wendorff, Carol Sybeldon, Sandra Smith, Jo-Ann Fehrman and Janet Lane.

Minutes of the last meeting were approved. The treasurer's report was given, accepted and put on file. For correspondence we received the letter from "Backpack For Kids" and will send them funds and also received a letter from United Way with information about their golf fundraiser. Nancy will be organizing 2 raffle items to donate from HCE. We also received information about the Community Education Scholarship. We will put on the agenda for



our next meeting Scholarship protocol and the Bylaws.

Sandra S. gave the Center II report. Learn –A-Lot had Priscilla King as guest, discussed Int. committee hosting County, scrapbook pictures were added; Zentangle was explained, Marlene received a retirement card, 750 birthday cards were sent to King, had rhubarb fest., and picnic at Arbor view. Bizi-Belles having picnic Sunday at St. Martin Park, work for Pathways, Judy volunteered For Bike the Barn Quilts. John and Sandy received music box for their 50th anniversary.

For Center I, Carol said the Kitchen Maids were going to the Musical Clue.

Sandy W gave the Bookworms report; she ordered 66 books. Nancy's Time: working on a grant to United Way for Raising a Thinking Child, a community grant for Training, Strong Bones is currently doing a 10 week walking challenge and looking at Tops in the Caroline area. Raising a Thinking Child at Hillcrest, Stockbridge and Headstart wants to be a part of this program. Two co-parent classes are starting this fall. Boy & Girls club should be up and running 2016 and currently doing fundraisers. Homeless Task force is getting ready to present information to Shawano County. Bike the Barn Quilt has over 200 participants. She is also working on a large grant for a Mobile Farmer's Market.

For New Business discussed the Shawano County fair and decided to display pictures of our honored members having 55 years or more in HCE.

For Old Business: 1) Learn-In; 3 speakers have been finalized and Sally said it would be okay if we provided the coffee and breads. 2) Farmer's Market August 1st bake sale; we still need volunteers and discussed prices for some items. 3) Fall District Meeting; discussed possible centerpiece—maybe something with Barn Quilts and we still need a speaker so will talk to Jim and Matty, etc., about doing a Barn Quilt presentation. 4) Bike the Barn Quilt; need more volunteers for Sept. 26th. 5) Brat Stand still need volunteers for Tue and Wed—July 28th and 29th. 6) Discussed

table favors for State Convention and decided to do cookies. 7) Helen gave an overview of the Volunteer Hour Reporting for 2015 and the Contribution Report was included in the July/August Working for Wis. Families newsletter. Next meeting will be Tue. Sept 22. Closed with Creed 2.



2015 Our Day—Green Lake County

OUR DAY is an annual event sponsored by the Green Lake County Association for Home and Community Education (HCE) and the Green Lake County UW-Extension Office. OUR DAY includes a keynote presentation and a wide variety of stimulating courses that are appealing to men and women of all ages. OUR DAY will be held at the Green Lake Conference Center, located on Hwy 23, three miles west of Green Lake on Tuesday, Oct. 13, 2015. There will be sessions in the morning and afternoon. The cost for OUR DAY is \$30. Registration deadline is August 30th. Phone Registrations will not be accepted. Some of the sessions will be:

Aspects of Norway— The Reindeer People
Modern Quilting
Paranormal Activity in Wisconsin
Broaden Your World with Travel
Tips for Word, Excel and E-Mail
Whooping Cranes and Operation Migration
Tree Care: Proper Planting, Pruning
Stuff or Antiques?
Massage (Myth Busters/Answers)
What are Counties?
The Sounds of Wisconsin

If you are interested in attending the Green Lake OUR DAY please call the office and we will get you the registration form. 715-526-6136



Central District Fall Meeting

Shawano County will be the host county for the Central District Fall Meeting to be held on October 20th, 2015 at the Main Event in Cecil.



Wisconsin Bookworms™

Once again we have an exciting line up for the 2015-16 school year and Wisconsin Bookworms™. Readers will be at Bears Cubs Daycare in Bonduel, Headstart at Stockbridge, Shawano Headstart. Books this year include:

- * Balancing Act
- * If you give a Pig a Party
- * Who Has This Tail?
- * Cows to the Rescue
- * Tortillas are Round
- * Lola Reads to Leo
- * LMNO peas

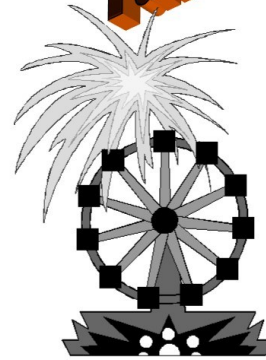
In Loving Memory Of
Doris C. Kerry
Nov. 27, 1926 ~ June 11, 2015



In remembrance of Doris Kerry,

Doris C. Kerry, age 88, passed away on June 11, 2015. She was born on November 27, 1926 in Kaukauna, WI. The youngest of six children, to the late Reinhard and Margaret (Heindl) Hofmann. She was united in marriage on October 8, 1947, at St. Mary's in Kaukauna to John (Jack) Kerry, who preceded her in death in 1980. In 1959, they moved to Shawano and together raised two daughter and two sons. Doris was a member of Sacred Heart Catholic Church in Shawano. She also was a member of Learn-A-Lot HCE since 1959. The club held annual International dinners where each member prepared a recipe from the country they were studying. Doris enjoyed baking the traditional cookies and desserts from that country. She was always willing to give of her time to others. Her community service included eye screening for children, Homemakers' Christmas Fairs, Cookie Walks, and activities at Maple Lane Health Care Center. She enjoyed working at the facility's canteen in the 1960's, Bingo Parties, making recycled Christmas and Birthday cards for the residents. Doris will be fondly remembered and missed by all who knew her.

Shawano County Fair



Junior Fair Handbook

Sept 2-7, 2015

Shawano County Fair

The Shawano County Fair is only one week away. Make sure that you stop in the Junior Fair building to see our booth and to check out the Wisconsin Bookworms™ table to check out the new titles for this year. The fair will run from September 2nd through the 7th.

Diamond Jubilee 55 Plus year Members

In celebration of WAHCE's 75th Anniversary and the women who have made HCE what it is today, the WAHCE membership committee would like to recognize all members with 55 or more years of service to HCE on Tuesday, September 15th at the luncheon during the conference. Congratulations ladies. Keep shining bright, just like a diamond.



Lillian Mehlhorn
Individual -73 years



Doris Buchholz
Individual - 68 years



Marge Ainsworth
WISC - 63 years



Rose Radtke
Learn-A-Lot - 61 years



Jeanette Pitt
WISC - 60 years



Beverly Fink
WISC - 60 years



Joyce Natzke
WISC - 59 years



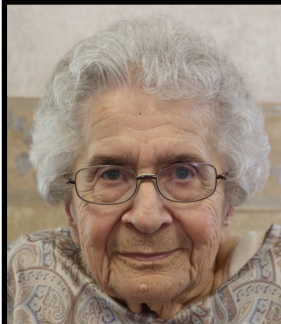
Marcalene Rosenow
Individual—57 years



Audrey Wussow
WISC - 57 years



Tillie Kallies
WISC - 56 Years



Betty Giese
WISC - 56 Years



Doris Kerry
Learn-A-Lot -56 years



Joyce Souba
Learn-A-Lot - 56 years



June Bethke
WISC -55 years



Sharon Schlender
WISC -55 years



EATING IN THE 1950'S

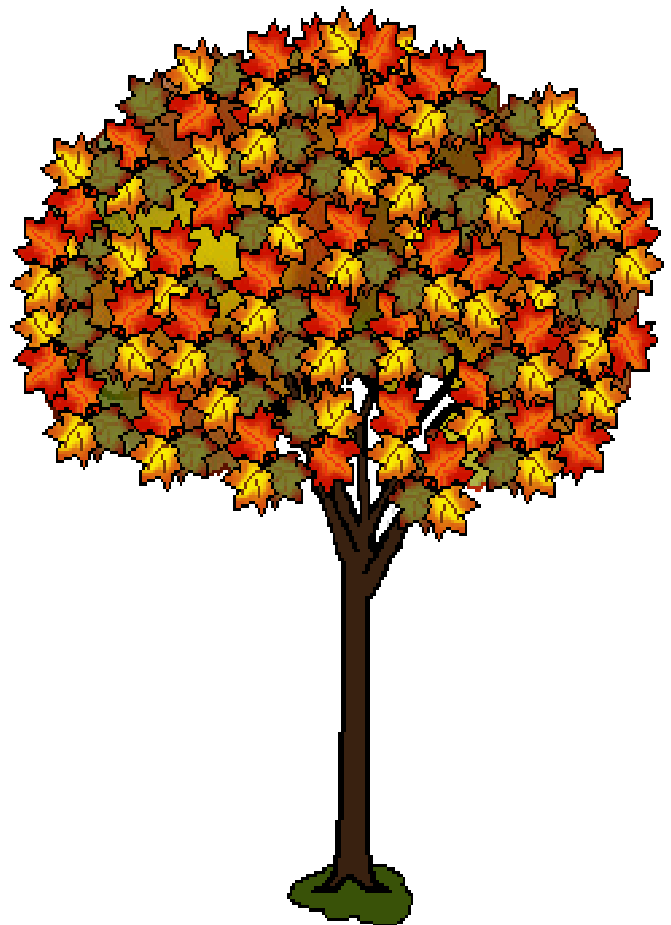
- ♦ The word pasta had not been invented, it was macaroni or noodles.
- ♦ Pizza? Was either a tower somewhere, or known as tomato pie.
- ♦ Bananas and oranges only appeared at Christmas time, and were considered treats.
- ♦ All potato chips were plain, people had to make their own flavored dip.
- ♦ Rice was a milk pudding, and never used as a side dish as part of our dinner.
- ♦ Only poor people ate brown bread.
- ♦ Oil was for lubricating, fat was for cooking.
- ♦ Tea was made in a teapot using tea leaves and never green.
- ♦ Cubed sugar was regarded as posh.
- ♦ Chicken didn't have fingers in those days.
- ♦ None of us had ever heard of yogurt.
- ♦ Healthy food consisted of anything edible.
- ♦ Cooking outside was called camping.
- ♦ Seaweed was not a recognized food.
- ♦ Sugar enjoyed a good press in those days, and was regarded as being white gold.
- ♦ Prunes were medicinal.
- ♦ Pineapples came in chunks in a tin; we had only ever seen a picture of a real one.
- ♦ Mother grew cabbage in her garden, but I never heard of broccoli.
- ♦ Water came out of the tap, never a bottle.
- ♦ One we never had on the table was elbows or hats.

ZUCCHINI LASAGNA

1 lb ground beef	¼ tsp Italian seasoning
1 lg onion, chopped	1/8 tsp pepper
2 cups tomatoes	½ tsp ground oregano
5 c. zucchini, diced	½ c. bread crumbs
¼ tsp garlic powder	½ c. grated Cheddar
½ tsp celery salt	½ c. mozzarella

Brown ground beef; drain off fat and set aside. Add onion, tomatoes, zucchini, garlic powder, celery salt, Italian seasoning, pepper and oregano to the pan. Simmer uncovered, for 20 minutes. Mix together meat and zucchini mixture in a 9x9 inch pan. Sprinkle bread crumbs over top. Bake, uncovered at 350 for 30 minutes. Turn oven off. Sprinkle with shredded Cheddar and mozzarella cheese and let stand in oven until cheese melts.

Recipe from the Wisconsin Extension Homemakers Cookbook, 1940-1990, page 303.





Beams

CENTER I

Kitchen Maids – Received a thank you note from TULP food pantry for a donation made at Easter. The ladies are planning an Amish tour in Sept. They have been playing BINGO with residents of Oak Haven once a month as schedules allow.

Red Springs – Have decided to keep the same officers in place.

Center II

Flour Queens - Discussed what fund raisers they have done over the years so they could create their power point for the Spring Event.

Learn – A – Lot – Barb delivered 750 Birthday cards to King. In June they met for lunch at Grandma Sophies. Two members worked the Little Red Barn for Historical Society. They held a picnic at Arbor View in July.

CENTER III

Landstad Ladies - Had members work at the Brat Fry in July. They set up a booth at Founders Day in Bonduel. Members were reminded to Keep track of volunteer hours.

Navarino Merri Maids - Are holding a Stanley Party on Sept 10th to fundraise.

WISC - Made a donation to Karley Westlock who is a nurse. She was going on a missions trip to Ecuador.

