



Satellite



Home & Community Education

Nov.—Dec. . 2018

Wow, as I write this on Sat. Oct. 20th we have already had 2 different days which we had snow. Actually today I was driving when it just came down in almost a white out. I looked at the temperature and it was 37 degrees. Continued driving in the snow and about 2 miles down the road temperature dropped to 32 degrees but then a few more miles down the road the snow stopped coming down. Four hours later on my return trip the sun was shining and the sky was such a pretty blue with lots of big white clouds. Certainly was a traditional Wisconsin weather pattern and it was again 37 degrees.

The Fall Learn-In with Waupaca County was another day of learning and socializing with others. The speakers were all very informative. It was great to have two of the speakers from Shawano County HCE provide a lesson. The two ladies were Marlene Bowan and Pat Arnold. Thank you, you both did a wonderful presentation. Of course we always have to give another great thanks to Sally and her crew from Main Event in Cecil for catering the event. The chicken cordon bleu was excellent along with the rest of the meal. Next year Shawano County will be the host County. Anyone having ideas for speakers please let us know. We will start planning next year's event in early June.

In September JoAnn Fehrmann, Carol Sybeldon, Sandy Wendorff and myself attended the State Conference in Pewaukee. It was another great time of learning, idea sharing and getting together with other HCE members from throughout WI. Some of the ladies I spoke with were really impressed when we talked about the number of Barn Quilts Shawano County has.

Again this year there were some ladies involved with "Bike the Barn Quilts" day, from making breads to helping with registration and working the breakfast and noon luncheon. We have received a wonderful thank you from "Shawano Pathways" who is the organizer of the event, thanking everyone who helped out that day.

The October lesson at Shawano was cancelled because of the bad weather coming that evening. So it was great having names of those who were attending so we could call and let them know. They were able to go to the lesson the next day which was held in Bonduel. Thank you Janet Lane for presenting the lesson. Remember this is why we need names of who is coming so we can notify them in case of cancelling, also to have enough material.

We start out November on Saturday the 3rd with our Annual meeting. (Remember it is at the Civic Center, next to the post office). We start out at noon with a Pot Luck meal. Our guest speaker is going to be Sheriff Adam Bieber. There will be a question and answer time following his talk. After that we will have our business meeting. Wednesday, November 7th is "Fun With Crafting" that also is at the Civic Center. I am hoping both of these events will be well attended. Doors will open ½ hour before each event starts.



Calendar of Events

Nov. 2018
6 Election Day
11 Veterans day
18 Kitchen Maids Arts & Craft Sale
22 Thanksgiving Day
Dec. 2018
25 Merry Christmas

Continued on Page 2

Remember to put down suggestions you would like to see for lessons for next year on information sheets you were sent about the Annual meeting. And if you have names of people who can present them we would also like to have that information. Later in November the Committee will go through the suggestions to put together the 2019 hand book.

Helen Raddant



Courthouse Reconstruction

The courthouse will once again be under construction this fall starting Oct. 26th. We will not be able to use any of the rooms at the courthouse for meetings. We will be making alternative arrangements. **Also, the UWEX offices will be moving down to Rooms A-B in the basement from Monday Nov. 12th until around the first part of December.**

HCE Executive Board Meeting

October 23rd, 2018

Helen Raddant called the meeting to order at 5:35 pm. We opened with Homemaker Creed I. Members in attendance were Helen Raddant, Carol Sybeldon, Sandy Wendorff, Ellie Borre, JoAnn Fehrman and Janet Lane. Janet L. made a motion to accept agenda and deviate if necessary. Carol S. 2nd the motion. Carol S. made a motion to accept Secretary's report and Janet L 2nd the motion. For correspondence Helen read Maddy's thank you note for HCE's contribution to Bike the Barn Quilt. JoAnn F gave the treasurer's report.

Carol S. gave the Center I report. Kitchen Maids had their meeting at Four Seasons and did the "Be Food Wise" lesson. For correspondence they had several thank you's. Request was made to them to repair several of the School Bags. Thank you from TULP food pantry donation and also a thank you for the 6 shawls for Fox Valley Cancer Treatment Centers. St Vincent Cancer Center in Green Bay asked the club if they could receive some shawls. Oct. 26 they will play bingo at Oak Haven. They collected dues and officers remain the same for next year. Town Board rental has increased. The annual Craft and Bake sale is Nov. 18th from 9-1. They plan on picking a day to serve a meal at SAM 25. They discussed the Learn-In and did the Up cycle and Recycle lesson. Ellie B. gave the Center III report. W.I.S.C attended "Be Food Wise" lesson in Bonduel and had their meeting afterwards. 3 attended the Fall Learn In and Joyce N. has 3 pen pals. Jeanette P. received the Blue ribbon and Medallion award at the State Conference. Landstad ladies had their bake sale at the Bonduel Founders Day and they have 2 new members. The Navarino Merri Maids elected officers at the Sept. meeting and did not have an Oct. meeting. 4 members attended the Fall Learn-In and Nov. 2nd having their annual Stanley Watkins fund raiser. For Bookworms, Sandy W. reported that Stockbridge has a new director, Jenny Rusch, they will pay for the extra books they need.

For New Business we discussed the Craft Day for Nov. 7 at the Shawano Community Center. For Old Business mentioned that the Fall Learn-In at the



Navarino Nature Center went well and would like the Scholarship committee to meet to look over the scholarship application and talk about it at the Fall Meeting Nov. 3rd. Those who attended the State Conference signed the reimbursement papers. Nov. 13th at 9AM we will meet at Four Season's to discuss programs for next year. Next meeting planned for Feb. 19th, 2019.

Closed with Prayer Creed and meeting was adjourned at 6:55 pm.

Respectively submitted, Janet Lane



"HCE Springs Into Action" 2018 WAHCE Conference

The Ingleside Hotel

Pewaukee, WI

From Carol Sybeldon:

I would like to take this opportunity to thank the Shawano County Association for Home and Community Education for supporting my attendance at our Annual State Conference. As usual, the 3-day event was loaded with exciting leaders who shared so many interesting and educational topics with us.

There were 279 participants (including 4 men) from every district in the state. The Ingleside Hotel in Pewaukee was a beautiful facility with abundant space to home our Cultural Arts Show and Quilt Raffle, Silent Auction and The Marketplace. There were numerous rooms on both levels of the Conference Center for workshops. Needless to say,

participants were able to get in plenty of exercise walking to and from places during the 3 day stay.

"American Sign Language Today" was designed to assist beginners in basic Sign. It was definitely a valuable lesson and one that more people could benefit from. "Fun With Fermentation" shared recipes for pickling, making sauerkraut, yogurt and cheese. Our instructor from Waushara County UW Extension stressed the fact that Alum should be eliminated from pickling due to its connection to the development of Alzheimer's Disease. "Learning About Childhood Trauma Adverse Childhood Experiences" (ACEs) dealt with the seriousness of childhood traumas that result in toxic stress that can harm a child's brain. This may prevent a child from learning, from playing in a healthy way with other children, and can result in long-term health problems. "My Life with the Green and Gold, 20 Years of Sports Reporting" with Jessie Garcia was very interesting and entertaining. She presently teaches Journalism classes at UWM and has written several books.

One unusual highlight of our Conference was when JoAnn and I were given the chance to help out in The Marketplace selling some of the many HCE items to participants including sweatshirts, jackets, shirts, tote bags, officer pins, journals, pens just to name a few.

Next year the Conference will be held in Manitowoc, WI on September 16-17-18, 2019 with the theme "HCE Lights Up My Life!" Hopefully more members from Shawano will be able to join us in attending this worthwhile gathering.

Carol Sybeldon, Center I Chair
Membership/Marketing Co-Chair

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From Sandy Wendorff:

In September on the 17th, 18th and 19th four of us SCHCE members headed to Pewaukee, WI for the 2018 WAHCE State Conference. It was held at the Ingleside Hotel. What a large place, it was like a maze to get from one place to the other and different designs of carpet in each hall way to help you get from one place to the other!

Food at each meal was excellent the chef and staff did a wonderful job. Except for breakfast, they don't usually serve breakfast so it wasn't a large selection but the other meals made up for it. No one went hungry.

The staff was very good, ask Carol Sybeldon how "smooth" the waiters were. The rooms were also nice except I made Helen laugh when trying to get on the bed. They were very high beds. I couldn't even take a running start and get on the bed. Later on of the staff lowered the bed somehow and I was able to get into bed without Helen laughing to hard.

On Tuesday morning by 8:30 am we started our 1st session of the day. This year my first session was on Lifelong Gardening, learning many gardening tips, and how to use gardening exercises and tools for lightening your use if you had health problems. Then I attended the session on "Wisconsin Bookworms Books" for 2018-2019 held by Kristin Leglar for WPT and Wisconsin Bookworms chair-Lynn Marcks. They always go thru the new books for the year and give us ideas on how to read each book. Always lots of fun. We sure learn a lot from the two of them. Then at noon till about 2:30 pm we all stayed in the dining hall. We listened to many speakers, and then awards were given out. Then at 3:00 pm we went to our last session for the day. I choose "Early Reader Literacy Takes Young Minds Anywhere". Given by Lynn Marcks and Betty Ann Tubbin. They are on a group on the State Board working on writing grants to help get money for the Wisconsin Bookworms™ program for the state. Also, they went through other grants that counties may apply for on their own.

At 5:30 pm we went back to the large dining hall for the Evening Banquet. After dinner we had entertainment. We had a presenter who talked on

the "Lake Michigan Christmas Tree Ship" it was very interesting to learn the history of the ship. Wednesday I attended a session on the "Power of Protein" if was on "Beef" and was very interesting. The presenter was Sarah Agena she talked about how beef was good for us and she made a "Beef & Egg Tamale Skillet". She also showed us how to make a large beef roast, then how to use leftovers in other meals.

Then I went to a session on "Preparing Your Home". It was about if you were downsizing or retiring and thinking about selling your home. She gave many ideas on how to fix your home to sell and what people are looking for now. At the noon luncheon we had a final wrap up of the conference. We had 279 HCE members attending this year's conference. At this time scholarship awards and cultural arts awards were given out. They extended an invitation to us for the 2019 state conference to be held in Manitowoc next September. Hope to see some more of Shawano HCE members there since it will be closer.

It is so much fun to meet new people and to see many friends you have meet through the years at the conferences.



Wisconsin Bookworms™

We do have readers scheduled from now until May of 2019. However if you are interested in reading let us know and we would schedule you to go with whoever is reading that month just to see what it all involves. Besides reading the book we also do a small activity with them. There is an activity sheet that comes with each book usually with a few ideas to do. You can also come up with your own activity that would go along with the book that month. Your time spent is usually about ½ hour. During the activity the girls at the facility will also help out. Call Sandy Wendorff if you have questions or want to sign up at 715-524-2710. Leave a message if she doesn't answer. We will also bring this up at our Annual meeting.

Scholarship's

Thanks to HCE for the Scholarship for me to represent Shawano County at the State Convention in Pewaukee, WI in September. It is always a delight to learn more on what's happening with the UW-Extension with all the new things that have been changed from Madison, that also have an impact on us.

It's great to be with the other Counties and discuss things that are working for them or not. Sharing ideas is always wonderful. Meeting new people is also a rewarding experience. This year's travel kind of put me out of my comfort zone since I don't like driving to unknown territories. The last few years I had a great navigator with me she is great at reading and following a road map. But due to a family situation she was not able to go this year. I always enjoyed the "back seat" driver so to speak (Janet Lane). However between Map Quest and my GPS, Sandy and I made it there and back. We did have a wrong turn here or there because I doubted the directions. But I guess I'm a believer in the GPS now.



Jeanette Pitt and her prize winning painting



Fun at the State WAHCE convention.

L to R: Carol Sybeldon, Sandy Wendorff, Helen Raddant and JoAnne Fehrman



Learning about quilting at the Fall Learn-In held at Navarino Nature Center



BEAMS



CENTER I

Kitchen Maids – Officer reports were read and filed. Thank you’s from various people. Six shawls were given to the Oncology Center in Shawano. This project was reported in the Shawano Leader and because of it the St. Vincent Regional Cancer Center of Green Bay would like to be a recipient of shawls if possible. The club has been repairing the bus book bags for the school district. Bingo will be played at Oakhaven on Oct 26th. Officers will remain the same as last year. The bake sale will be held on November 18th, with the setup on the 17th. Annual meeting will be held on Nov. 30th.

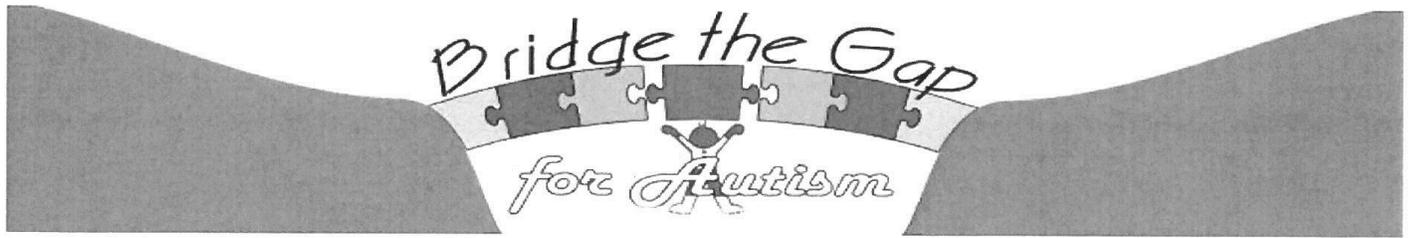
CENTER II

Bizi Belles - County committee assignments were made. Christmas Party will be held on January 6th at the Gathering. Club Officers were elected. Pennies for Friendship were collected which will go to SAFOARC. Next meeting will be held at Inez Muraski’s home on November 10th at 1:30 pm.

Learn – A – Lot – September reports were read and filed. In August they took 700 cards to the King Veterans home. It was decided that Thailand would be the country they study this year. Committee reports were given. Linda Olson has joined the club and will be hosting the next meeting at the VFW on Nov. 8th. Guest was Annie Bonham she spoke about Portugal and other countries that she has gone to. Officers will stay the same for next year.

CENTER III

Landstad Ladies—The calendar of events was gone through and a report of the Farmer’s Market was given. Janet will be attending the state conference. There will be two new ladies joining the club, Peggy Moore and Becky Moore. The next meeting will be on Oct. 12th.



Community Autism Educational Speaker Series

Date: 2nd Monday of
the Month

(September, 2018-April, 2019)

Time: 6pm - 8pm

Place: Bridge the Gap

1415 E. Green Bay St.
Suite 111
Shawano, WI 54166

This Speaker series is open to **ALL** community members, including individuals on the autism spectrum, their families, peers, potential employees/employers or anyone who is seeking to gain vital information regarding an Autism Spectrum Disorder.

- Child Care and light refreshments provided
- For more information contact Bridge the Gap at 715-526-3791

Speaker Series Topics

September 10th - What is an Autism Spectrum Disorder?

October 8th- The role of an Individualized Education Program (IEP) in the school setting

November 12th- Nutrition and Autism: What is the connection?

December 10th- Successful Celebrations: Strategies to navigate chaotic settings

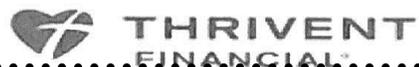
January 14th - Strategies for parents of children and teens on the Autism Spectrum.

February 11th - Transitioning to Adulthood

March 11th- Strategies for successful employment

April 8th- "I have Autism!" Panel Discussion - An enlightening first hand interactive panel discussion with those on the Autism Spectrum.

Speaker Series Sponsored by:





~ **30th** ~
Annual
Craft &
Bake Sale

Sunday
November 18, 2018

9:00 am - 1:00 pm
Tilleda Town Hall

Sponsored by:
Kitchen Maids & Tilleda Timber Wolves

Lunch served by:
Tilleda Timber Wolves 4-H