



Satellite



Home & Community Education

March—April 2019

Hello,

As I start and write this on Sunday the 24th the weather outside is frightful. Great day to be spending inside. With the drifting and blowing snow at times I can barely see Hwy 29 which is just across the road from me. My Flag on my pole in the front yard has pretty much been out straight for most of the day.

Hopefully the January lesson on “Keeping Your Credit in Check” was useful to you. This was one of the lessons from our State Convention last year.

Going into February, Marlene Bowan did a great job showing us what useful items could be made from used greeting cards. Better then throwing them in the trash.

Hopefully in March we will get nicer weather, after all Spring is getting closer. On March 13th Becky Moore and I will be on the Breakfast Club on WTCH from 8:00am to 8:30am. We will be talking about HCE and then bringing up our March lesson “Fight Against Human Trafficking”. We are real excited about bringing this program to the area. So hopefully we have a good turnout of people to share this very important information with. It’s one of those topics that we think can’t happen here. Be sure and call the Extension office and let them know your attending. Or if you know the number from your club attending you can put that in your minutes from your club meeting that you send to the Court House. Remember we need the number by March 15th, 2019.

Into April we will have our International Night. We do have a Foreign Exchange Student from Italy who is attending Shawano High School. That will be on Tuesday April 9, 2019 in the basement of the Court House. So be sure and get these important dates on your calendar.

As I finish this on Wednesday, guess what, it’s snowing again. Looking forward to seeing a lot of you at these special informative events.

Helen Raddant

President, Shawano County HCE





Calendar of Events

March 2019

6 Ash Wednesday

10 Daylight Savings Time

17 St. Patrick's Day

20 Spring Begins

26 Educational Event—Human Trafficking

April 2019

1 April Fool's Day

14 Palm Sunday

15 Shawano County Scholarship due

21 Easter Sunday

Activities

March

"Fight Against Human Trafficking"

Our March educational event will focus on the problem of Human Trafficking with a speaker from Green Bay-based *Eye Heart World*. It happens everywhere, urban and rural, and Shawano County has had some of these horrible occurrences, which *Eye Heart World* and the Shawano police have fought and dealt with together. However, it's important that we all know what is happening and what we can do to help. As one survivor of Human Trafficking shared, "Awareness alone doesn't change anything, but nothing can change without awareness." Thus, we are planning to bring awareness to as many people in the greater Shawano community as possible, but we need help from all HCE members.

We have reserved the Mountain Bay room at

Boarders Inn & Suites on the corner of Hwy 22 and Hwy 29 on Tuesday, **March 26**, for the educational event. It will start at 6:00 pm and is free to the community although we are asking for a freewill donation which will go to *Eye Heart World* to help them continue their mission to help victims of Human Trafficking rebuild their lives.

We've included a flyer and an announcement for church bulletins in this issue of the "Satellite". Please consider making copies of this flyer and tacking it up in your communities: grocery stores, libraries, laundromats, churches. (If you'd like the PDF version so you can print more on your personal printers, please email Kara and she'll send you one.) Also, please consider asking your church to post the church announcement in their bulletins starting in early March.

This is such an important issue that needs *all* of us to know what's happening and how we as a community to help to curb this tragedy. Please help us get the word out so lots of people will show up to be educated.

Please RSVP by March 15th by calling the office at 715-526-6136.

Scholarship's

4 yr. College/University/Technology School in WI - \$400 scholarship available to a student whose home is in Shawano County or whose parent is a member of Shawano County HCE. Deadline is April 15. Awarded at Spring Event and given after semester completion. Application available at the UWEX office or online at <https://shawano.uwex.edu/healthyfamilies-communities/hce/hce-awarded-scholarships/>





Facebook!!

Don't forget to check out all the hard work Becky Moore has been doing on our new FACEBOOK page! If you are a FACEBOOK member type in Shawano County Home and Community Education and LIKE the page.



Executive Board Meeting Minutes

The February 19, 2019 meeting was held in the Patio Room of Angie's Café and was called to order at 5:30 p.m. with the reading of Creed 1. Those present were Carol Sybeldon, Helen Raddant, Barb Riesenber, Micki Thelen, Sandy Wendorff, JoAnn Fehrman, and Sandra Smith. The minutes of the previous meeting were read and approved. The treasurer's report was read and placed on file for review.

Committee reports were given by Carol Sybeldon, Center 1 Chairman and Sandra Smith, Center 2 Chairman. Carol Sybeldon reported on the Marketing and Membership. Rebecca Moore also assists with the membership and marketing with establishing a website for Shawano County HCE. Becky has attended club meetings to promote the website and get permission for members to be on Facebook. Sandy Wendorff reported on Bookworms. The Bookworm project received financial gifts from a grant given by the Green Bay Packers and also a gift from the Shawano Women's Organization. A wrong book was sent for Bookworms so that was returned for a refund and the right book was sent in it's place.

New-Business

A. The Scholarship Committee attended the Board Meeting with suggested changes to the present application for the HCE student scholarship. After discussion from all present it was decided the committee would meet again to implement the added suggestions and return to the next meeting in May. Meanwhile, a questionnaire would be sent to all club presidents to take to members to have them completed and returned to the Court House to assist the Scholarship Committee with their re-working of the form.

B. The Spring Event is planned this year by Center



An EEO/AA employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title VI, IX and ADA requirements. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact Kara Skarlupka— Healthy Families & Communities Coordinator for Shawano County. Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that proper arrangements can be made. Requests are kept confidential. 711 (Wisconsin Relay)



1. Carol Sybeldon reported that it will be held May 6 at the Season's Restaurant. More information will follow.

C. Shawano County Home & Community Education invites the community to learn about the "Fight Against Human Trafficking." This is presented by Eye Heart World on March 26th, 2019 at the Boarders Inn and Suites at 6 p.m. Rebecca Moore promoted this event to the individual clubs. Helen Raddant and Becky will be on the radio giving more information.

D. International Night – Helen Raddant reported there are 3 exchange students at Shawano Community High School this year from Germany, Italy, and Denmark. Helen will contact them to see which would be willing to speak for our International Night.

Being no Old Business, the next Executive Board meeting was set for May 21, 2019 at 5:30, the place to be announced. We closed with Creed 2.

Spring Event

Carol Sybeldon, Center One Chairperson, invited me to the Spring Event planning meeting. We met at Angie's on Main. It was a small group but in an hour and a half it was all planned. The Spring Event should be another fun evening of food and socializing. We will again honor all members who have 50 or more years as an HCE member. The enclosed flyer will have all the information and the RSVP. Helen

Thank You !!

HCE would like to Thank Marlene Bowan for presenting the February lesson "Repurposing Greeting Cards". It is amazing the variety of items that can be made and recycling is such a great thing to be doing. The weather Wednesday night was ok for driving but on Thursday for the Bonduel site lesson roads were not so nice. So thanks to those who did travel to get to the lesson.

Cultural & Textile Arts Show

Just a reminder for the members having items going to State Conference if they have not been

previously judged, bring them that night to be judged. Also remember the "Bonus Category" This years category is "Hattie's HCE Hat". If you as an Individual Member or a Club would like to design a hat it has to be brought to Spring Event to be judged. We can only have one entry per County to be submitted. So let's get your thinking caps on and see what we come up with. More information on size see the enclosed Cultural Arts guidelines.

HCE Healthy Lifestyle

This program replaces "Movin and Groovin". The form for this is in this Satellite, which we did not have at last mailing. Hopefully you can fill in from Feb.17th until present after receiving the form. Keep track of activity until May 11th, 2019. After completing form send to Sandy Wendorff by date listed so that she can compile Shawano County and get it sent in. Prizes will be awarded to the top 5 at the Fall Meeting. Healthy Eating and start "Movin and Groovin"

International Night

Sara Podavinin a foreign exchange student from Brescia Italy. Sara is a senior attending Shawano High School. Her host family is Rick and Elaine Raatz. Rick and Elaine has two children Peyton and George Buerman. They reside in Gillett. We will have refreshments after the presentation with an Italian flair.

International night will be held on Tuesday April 9th, 2019 in Rooms A & B in the lower level of the Court House.

Thank You! Shawano Women's Club

HCE is greatly appreciative of the generous donation they presented to us for the Wisconsin Bookworms™. Lynn Marks from the Shawano Women's Club presented President, Helen Raddant the check at the January meeting of the Women's Club.





Margie Ainsworth

Bonduel - Marjorie A. "Margie" Ainsworth, 89, of Bonduel, passed away, Thursday, January 3, 2019.



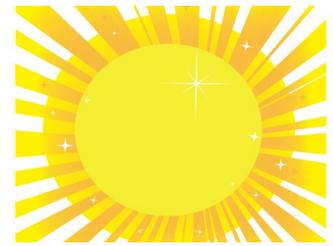
Margie was born in Bonduel, Wisconsin on Sunday, February 17, 1929, to the late Herbert and Hertha (Boettcher) Peterman. On Flag Day, June 14, 1952 Margie was united in marriage to Gordon G. Ainsworth at St. Paul's Lutheran Church in Bonduel. Gordon preceded Margie in death on April 9, 2016. Gordon and Margie were very proud of their six strong and independent daughters that they raised on their dairy farm near Frazer Corners. After retiring from farming in 1987, Gordon and Margie built a new home in Bonduel. Margie was an active member of Our Savior's Lutheran Church in the Town of Lessor where she was a member of the Women's Group and a past treasurer. She was also very active in the community and proud that she served as a 4-H leader for 25 years. Margie loved the Shawano County Fair and even submitted exhibits as recently as this past year. She served on the Bonduel Archives Board of Directors and enjoyed researching ancestries and local history. Margie also enjoyed her time as a member of the UW Extension Homemaker's Club, selling flowers at the green house, serving in the American Legion Auxiliary, as well as being a member of the Republican Party. She loved her sports and followed the Badgers, Packers, Bucks, and more. Even with her ever growing family she never missed a birthday, anniversary, or special event. Margie loved truly and was truly loved. She will be deeply missed by the friends and family she leaves behind.

Landstad Ladies





BEAMS



CENTER I

Kitchen Maids: The Davita Dialysis Center is interested in receiving 10 shawls for their patients. On January 25 bingo was played at Oakhaven. Dinner was served at SAM25 on Feb . 28th. They are in the early stages of planning the Spring Event with a date set for May 6th. At the February meeting Joanne and Sharon presented the lesson on repurposing greeting cards. 20 shawls were completed by various chapter members and were donated to the Davita Dialysis Center.

CENTER II

Bizi-Belles: In January the Bizi-Belles had their Christmas Party at the Gathering. They reveled their 2018 Secret Pal and the 2019 secret pal names were drawn. A presentation on the “Wee Care Food Pack Program” was given and a donation will be given to the program. Becky Moore spoke about the upcoming “Fight Against Human Trafficking”. Club picnic will be held on July 14th at St. Martin Church Park. The next meeting will be held at Angie’s Main Café.

Learn-A-Lot: In January Dorothy and Marlene of the International committee gave information and maps of “Thailand: Potpourri”. Louise gave tips on how to clean your microwave. Priscilla from the Sunshine committee discussed “Do’s and Don’t’s on Public Servants”. During the Cultural Arts portion Marlene showed her recycled beer bottle candle. The February meeting was opened with Becky speaking about the “Fight Against Human Trafficking”. The icebreaker question was “How did your husband propose?” The report on “Events Around Town” was given. Marlene gave everyone in attendance a hand made Valentine bookmark.

CENTER III

Navarino Merri Maids: They will be making a donation to SAFPARC, SafeHaven and Navarino Loaves and Fishes. The Valentine list was updated.

WISC : Jeanette Pitt led the lesson on “Credit Scores”, there was a lot of information regarding credit cards, payments and how to keep your score up.

**Wisconsin Association for Home & Community Education, Inc.
Cultural & Textile Arts Show
2019 Guidelines for County Chairs**



ALL items, including Bonus Category, must be pre-registered. Registration is due August 1, 2019. Any items NOT pre-registered will NOT be judged or displayed. Only one entry on each registration form. Send all forms together immediately after county show. A County may enter a total of 12 entries plus one Bonus Category 19. A county cannot have duplicate entries in any lettered sub-category. The County Cultural Arts Chair must include a self-addressed postcard or email address to verify receipt of registration forms. If you do not receive verification within three weeks, please call or email the WAHCE Cultural Arts Chair.

IMPORTANT: All entrants MUST sign the Registration form. Please read and sign below; entries will NOT be accepted if unsigned. Entrants will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrants give permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

All work must be done by entrant and completed after last year's show. It must receive a first place at this year's county show or fair. All items must be clean or laundered or will be disqualified by the judge. Kits and patterns may be used as long as entrant does all the work.

Color Coding of Registration Forms by Districts:

Central – White
Southeast – Green

Northeast – Yellow
Southwest – Orange

Northwest – Light Blue
West – Pink

Entry Day: Deliver items Sunday (9/16/19) from 7-9pm or Monday (9/17/19) 9-11:30 am. Judging will begin at 12:30PM. Members may view the show after the Monday evening activity until 10:30pm and during the day Tuesday, September 18, 2019. Hours on Tuesday for viewing will be announced or posted. Pickup times will be posted.

Send registration and written entries to: **Linda Sutherland**
1594 5th Avenue
Star Prairie, WI 54026

715 248-7279 or 715-338-9214
tagalongacres@yahoo.com

Contact Linda with any cultural arts questions.

Cut on the dotted line and send in the **SIGNED** completed Registration Form and Claim Check **with both parts filled out.** You will receive your Claim Check when you bring in the items.

Registration Form

Category/Class (example 2D) _____
County _____ District _____
Name (print) _____
Address _____
City/Zip _____
E-mail _____
Phone # _____
Title or Description _____
Are you bringing an easel? Y or N

Claim Check

Category/Class (example 2D) _____
County _____ District _____
Name (print) _____
Address _____
City/Zip _____
E-mail _____
Phone # _____
Title or Description _____
Are you bringing an easel? Y or N

Peoples' Choice # (Official use only) _____

Please read and sign: Entries will NOT be accepted if unsigned. Entrant will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrant gives permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

Signature: _____ County _____ Date: _____

Wisconsin Association for Home & Community Education, Inc.
Cultural Arts Show & Contest – 2019 Categories



1. Painting/Drawing

Framed or Wrapped. If bringing an easel for your painting or drawing, securely tape a label with name, district and county.

- A. Oil
- B. Acrylic
- C. Water Color
- D. Alcohol Ink
- E. Other

2. Photography

Photograph must be 8" x 10", unmounted only, in 8½" x 11" plastic sleeve with a tag board or cardboard behind the photo. Framed photographs be disqualified.

- A. Color–Landscape
- B. Color– Waterscape
- C. Color – Plants
- D. Color – Animals/ Creatures
- E. Color – People
- F. Color – Skyscape
- G. Black and White
- H. Other

3. Sewing

- A. Children's Wear
- B. Adult Wear
- C. Original Design
- D. Wearable Art
- E. Useful Sewn Item
- F. Purse or Tote
- G. Pillow
- H. Sewn item made from recycled materials
- I. Wearable Accessory (apron, scarf, hat, etc.)
- J. Other

4. Knitting

- A. Wearable Item
- B. Afghan
- C. Other

5. Crocheting

- A. Wearable Item
- B. Doily/Dresser Scarf
- C. Afghan
- D. Other

6. Hand Stitching

- A. Plastic Canvas
- B. Embroidery
- C. Counted Cross Stitch
- D. Other

7. Craft

Six (6) Cards without envelopes MUST be mounted as a group on a flat sturdy display board no larger than 14" x 22".

- A. Cards–paper only-6
- B. Cards–mixed media-6
- C. Scrapbooking
- D. Craft made from recycled materials
- E. Handcrafted doll/toy
- F. Glass craft
- G. Other

8. Heritage Skill

- A. Hardanger
- B. Tatting
- C. Woodworking
- D. Basketry
- E. Spinning/Weaving
- F. Felting
- G. Swedish Weaving
- H. Rug Making
- I. Original published book
- J. Other

9. Bed Quilt

Larger than 60" x 80" or 4,800 sq inches

- A. Tied
- B. Hand quilted
- C. Pieced
- D. Appliqued
- E. Embroidered
- F. Pieced
- G. Appliqued
- H. Embroidered
- I. Any other Bed Quilt

10. Lap/Baby Quilt

Smaller than 60" x 80" or 4,800 sq inches

- A. Tied
- B. Hand-quilted
- C. Pieced
- D. Appliqued
- E. Embroidered
- F. Pieced
- G. Appliqued
- H. Embroidered
- I. Any other lap quilt

11. Quilted Wall Hanging

(with hanging sleeve, NO frame) -- One (1) item only no longer than 50 inches

- A. Hand Quilted, fabric
- B. Machine Quilted, fabric
- C. Other i.e., - collage of assembled materials or mixed media

12. Table Topper/Runner

- A. Hand Quilted
- B. Machine Quilted
- C. Other

13. Jewelry

- A. Bracelet
- B. Necklace
- C. Set
- D. Other

14. Constructed Original Item

- A. Clay/Pottery
- B. Wood
- C. Other

15. Painted Object

- A. China
- B. Glass
- C. Fabric
- D. Wood
- E. Ceramic/Kiln Fired
- F. Other

Poem, Non-Fiction, Fiction

Three copies, typed on plain paper with 12 point font, must accompany the registration forms. Entries must not be framed or in book form. Staple a cover sheet with the category/title which is to be centered on the entry. Name and county should appear on the back side. Do not count "a", "an", and "the" for either essays or short stories.

16. Poem

17. Non-Fiction

Original, 1 topic; 250-500 words

18. Fiction

Original with beginning, middle and end 3,000 words or less

19. Bonus Category – "Hattie's HCE Hat"

The Fun Category

Limit of one entry per county. Create a display of your choice.

You may use any media to construct your entry

Size restriction - base no larger than 10"x10" with maximum height of 20"

Judging - those attending will vote for their favorite "Hattie's HCE Hat" entry

Have Fun!!!

STATE REGISTRATIONS DUE BY: AUGUST 1, 2019



HCE Healthy Lifestyle Survey

(formerly On the Move and in the Groove)

HCE Healthy Lifestyle

February 17 to May 11, 2019

HCE Family and Community Life focuses on all members being active, eating healthy and using local food as a state-wide activity. This four question survey will cover 13 weeks this Spring.

Complete the survey and send it to Sandy Wendorff who can submit it using the same form, being sure to include the name, address, phone number, email address (if available) and name of county.

In 2018 34 counties participated in "HCE Healthy Lifestyle Survey". The West District had the greatest participation, 28% of the members. The Northeast District had the greatest number eating 5 or more servings of fruits and vegetables at 50% of those replying. The Northwest District had the highest rate of members eating most of their diets from local food at 28%. Congratulations to all who participated!

Please mail all 2019 survey results by May 31st, 2019 to Sandy. Counties with the greatest percentages will be recognized at the WAHCE state conference in September. These results will also be used in a report given by the Wisconsin WAHCE President at the NVON Conference in July.

Thank you to all of you for your participation. Looking forward to 2019!!

Send survey results to:

Sandy Wendorff
W7382 Anderson Street
Shawano, WI 54166
715-526-2710



Wisconsin Association for Home
and Community Education, Inc.

HCE Healthy Lifestyle Survey

(formerly On the Move and in the Groove)

Get moving and eat healthy with HCE members across Wisconsin. Please reply to this four question survey about maintaining your healthy lifestyle between February 17 and May 11, 2019.

Name; (optional) _____
County _____, Wisconsin

1. Which activities do you usually participate in weekly? Check all that apply.

- walking hiking running dancing bowling
 biking spinning rowing swimming skiing
 Strong Bones or other exercise class yoga Tai Chi
 exercise DVD tennis
 other (please list) _____

2. How many times a week are you usually active for ½ hour or more?

5 or more 3 or 4 1 or 2 zero

3. How many ½ cup servings of fruits & vegetables do you usually eat daily?

8 or more 5-7 1-4 zero

4. How much of your diet is raised, grown or made within 100 miles of you?

Most About half Some Very little Unsure

Send survey results to:

Sandy Wendorff
W7382 Anderson Street
Shawano, WI 54166
715-526-2710



Shawano County
Home & Community Education (HCE)
 invites the community to learn about the

Fight Against Human Trafficking



EYE HEART WORLD™

"Awareness alone doesn't change anything, but nothing can change without awareness."

Eyeheartworld.org

Come and learn from Eye Heart World's **Outreach Coordinator** as she educates us about Human Trafficking that's happening in our state and community as well as what we as a community can do to help fight it.

A free will donation to the event will be given to **Eye Heart World** and their Rose Home to help Victims of Human Trafficking rebuild their lives.

Please **RSVP** by March 15th, 2019, by calling the Extension Shawano County Office, Shawano Courthouse
715-526-6136

- * **Tuesday, March 26th**
- * **6:00 pm**
- * **Boarders Inn & Suites**
- * **Mountain Bay Room**
- * **7393 River Bend Rd, Shawano, Wisconsin**

Thanks to our Community Partners, helping to bring this Community Education Event to Shawano.



Thrivent Financial



Shawano County
 Literacy Council



SPRING EVENT 2019



“Soar to New Heights with HCE!”

Hostess: Center I
 Date: Monday, May 6th, 2019
 Place: Four Seasons Restaurant, Airport Road in Shawano
 Time: 5:00 p.m. – Social Time & Silent Auction Begins
 6:00 p.m. – Family Style Dinner
 Menu: Broasted Chicken and Pork Roast, Mashed Potatoes and Gravy,
 Green Beans Almondine, Milk and Coffee
 Cost: \$18.00

Deadline: Register by April 29th

We will again be holding a **Silent Auction**. The value of your club’s donation should equal \$3.00 per member (same applies to individual members). **Please** call the office and let us know what you will be bringing for the auction by Monday, April 29th. We had a great variety of items last year. Use your imagination and join us for the fun! Don’t forget to bring your “Cultural & Textile Art Show” items to be judged. The Bonus Category is “Hatie’s HCE Hat”.



2019 Spring Event Registration Form

Club Name _____

All Members Attending:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

You will not receive confirmation tickets prior to the event. Your name will be checked off at the registration table as you enter. Registrations are transferable but not refundable.

- 1) Make check payable to: **Shawano County HCE** (one check per club please)
- 2) Send this form & check to: Extension Shawano Co.-HCE
 311 N. Main Street, Room 101
 Shawano, WI 54166

Enclosed is \$ _____ for _____ # of dinner reservations